











Dear Neighbors and Friends,

VILLAGE

ORK.

Recently, our Village teamed up with other organizations to host a fundraiser for North Coast Community Homes which provides housing and services for special needs persons, while attempting to break a world record of the most motorcycles starting their engines simultaneously. The event was held at the Northfield Park Race Track & Rocksino. While we managed to raise a large sum of money and awareness for the foundation, we were not successful in breaking the record. We've already started planning next year's event with the hopes of breaking that Guinness World Record!

 $A \mid T$

Next month the Village of Walton Hills will be hosting a three day Veterans Day Program that's sure to be the best that our community has ever experienced. The Ohio Flags of Honor Memorial will display American Flags with the names of every Ohio military service member who has paid the ultimate sacrifice while serving our nation in the War on Terrorism. The event will start at 2pm on Friday, November 11th and will wrap up on Sunday, November 13th. The Village of Walton Hills is greatly honored to bring the Ohio Flags of Honor Memorial to our community. It will be a great opportunity to recognize our military personnel who have served our nation. We will be joining forces with many neighboring communities and associations to bring the program to Walton Hills. If you would like more information on the Ohio Flags of Honor Memorial you can visit its



website at <u>www.ohiohonorflags.org</u>. Walton Hills has the upmost respect for our men and women in the armed forces. This presentation will be a great way to show our pride in our military and honor those who have died for our country.

Journal

As Americans, we should constantly thank our military service members for the sacrifices they make to make our nation great. As Americans, we're privileged with freedom; privileged that there are men and women who willingly fight for our freedom. Because of our armed forces, we have the ability to make whatever choices we want. But, it's what we do with these rights which represents the core of who we are as an individual. The key word is choices. Most of us have no control over the circumstances we face, but we all have control over the choices we make when reacting to those circumstances. The way we react can have a direct impact, negatively or positively, to the overall outcome. Please be responsible with your decisions. Remember, when we choose to insult or disrespect the men and women that keep our nation free, we're hurting those that have sacrificed so much for us and ultimately we're hurting ourselves. We are all human and we all make mistakes. It's what we choose to do to correct our mistakes that shapes who we are as Americans, free citizens of the greatest nation in the world.

Our nation needs to use education as a means of developing our abilities. In each one of us there is a hope and dream which, if brought to fulfillment, can benefit everyone and provide a greater strength for our nation. We should never stop learning. We should never be satisfied, we should always want to continue learning; knowledge is power and that power is what defines each and every one of us.

God Bless You and God Bless America,

Kevin Hurst

Mayor/Safety and Economic Director, *I.G.I.T.*



www.waltonhillsohio.gov



COME ON BABY, DON'T FEAR THE WINNING

We're giving out Trucks and Treats every Saturday in October! You could win a brand-new Honda Ridgeline or up to \$1,000 in Free Play. Drawings will be held from 4PM to 9PM with the grand prize truck drawing at 7PM. Start winning today and let the ghoul times roll!

VEGAS EXPERIENCE. OHIO ADDRESS."

f Y HRRNP.COM • 330.908.7625

Must be 21 years of age or older. Non-transferable and non-negotiable. Management reserves the right to cancel or modify this offer without notice. Other restrictions may apply. See Players Club for details. For free, confidential help 24/7, call the Ohio Responsible Gaming Helpline at 1.800.589.9966. ©2016 Hard Rock International (USA), Inc. All rights reserved.



FIND YOUR RHYTHM



Your Village Officials

Top row: Councilpersons Gloria Terlosky, Paul Rich, Mary Brenner-Miller, Brian Spitznagel

Bottom row: Councilman Don Kolograf, Mayor Kevin Hurst, Councilman Denny Linville

Legislation Unanimously Approved at the 9.20.16 Council Meeting

Council meeting minutes are available in their entirety on the Village website

Ordinance 2016-10 authorizes and directs the fiscal officer to certify delinquent property maintenance charges to the county auditor for collection.

Resolution 2016-25 authorizes the mayor and service director to advertise for bids for the senior snow plowing service for the 2016-2017 season.

Resolution 2016-26 accepts the amounts and rates determined by the budget commission and authorizes the necessary tax levies and certifying them to the county auditor.

Resolution 2016-27 grants consent to enter into an underpass painting agreement with Norfolk Southern Railway Company for the bridge over Alexander Road.

Resolution 2016-28 declares a 12 month moratorium on the granting of building permits or certificates of occupancy for the cultivation, processing and retail sale of medical marijuana in the Village of Walton Hills.

Ohio Revised Code Chapter 1724: Community Improvement Corporations

A new program has been adopted that will benefit Walton Hills by advancing industrial, economic, commercial and civic development. Community Improvement Corporations (CIC) aren't new, they've been in existence since 1961. Our CIC Committee will have seven members, three elected officials (the mayor and two council members) and four residents. This is an unpaid position, and the CIC Board will meet at least four times a year. The board will work with investors to attract more development projects to our community which will in turn strengthen our economy. We will be appointing these positions before the end of the calendar year. Please submit your information to Village Hall by Monday, November 14th if you're interested in serving on the CIC Board. To read the **Ohio Revised Code Chapter 1724.01 Community Improvement Corporations** in its entirety head over to www.codes.ohio.gov/orc/1724.

Presidential General Election

Next month voters will elect the next President of the United States. Along with selecting the next commander-inchief, voters will cast their ballots for candidates for the US and Ohio Senates, the US Congress and State House of Representatives, county councils, judicial seats, the Ohio Supreme Court, state school board seats and of course there will be other important issues on the ballot this November. Vote by mail applications are available at the Board of Elections website: <u>www.443VOTE.com</u>, by calling 216-443-VOTE (8683), and at all public libraries. You can also pick one up at the Village Hall. The voter registration deadline is Tuesday, October 11th. If you have moved or changed your name since you last voted, you need to complete and return a new registration card on, or before this deadline. Early voting at the Board of Elections begins on Wednesday, October 12th.



Walton Hills Police Department Information

Kenn Thellmann, Chief of Police / Councilman Denny Linville, Safety Committee Chair

Monday, August 29th Mayor Kevin Hurst swore in our newest part-time police officer. David Raykov is a recent academy graduate and replaces one of our part-time police officers who recently resigned. Welcome aboard Officer Raykov!





#Ride4Record

The Mayor already mentioned it in his article, on Sunday, August 28th Walton Hills was the host community for the North Coast Community Homes Ride for the Record (#Ride4Record). North Coast Community Homes was attempting to break the Guinness Book of World Records for the most motorcycles simultaneously starting at one time (the current record is 1,467 motorcycles which was in the Philippines). Entertainment was provided by the Spazmatics and a stunt rider. Quaker Steak and Lube co-sponsored the event. Here are a couple of pictures from the fundraiser:









Store Hours: Monday-Friday 9am-6pm Saturday 9am-5pm Sunday 9am-2pm Owned and Operated by Walton Hills Resident Dennis J. Kolar, Jr.-Family Owned and Operated since 1979

Ohio Flags of Honor

The Ohio Flags of Honor traveling memorial will be making its way to our community during Veterans Day weekend. It honors the women and men who have given their lives in Afghanistan, Iraq and globally in the War on Terrorism. It began its journey in May of 2004 by Gino and Lisa Zimmer after they were notified that their son, Specialist Nicholaus E. Zimmer, U.S. Army, had been killed in Iraq. The Zimmer Family received an overwhelming amount of support from different veterans' motorcycle clubs and organizations at Nick's funeral; they then established the Operation Iraqi Freedom Chopper Fund.

In September of 2005, Ohio was notified that the U.S. Marines from Lima Company 3rd Battalion/25th Regiment were returning from Iraq and they suffered heavy losses during the eight months they were in the Middle East. Sixteen of the twenty-two killed in action were Ohio Marines and the state wanted to honor Lima Company upon their return home. Members of a local American Legion Post made plans to set up an "Avenue of Flags" that the returning Marines could view as they passed by. These "Flags of Honor" were to be flown in honor of their comrades who were not returning with them, along with dozens of "tribute" flags, sponsored by Ohio veteran organizations, displayed separately.

Shortly thereafter it became apparent that the Operation Iraqi Freedom Chopper Fund could have more impact by focusing



on Ohio's fallen soldiers through the "Ohio Flags of Honor" memorial tribute. On October 15, 2005, the Ohio Flags of Honor Foundation officially started. The traveling display is a way communities can pay tribute to Ohio's fallen soldiers. The foundation aims to raise public awareness and support for Ohio's returning veterans throughout the year.

The Ohio Flags of Honor will be in Walton Hills Friday, November 11th through Sunday, November 13th. The opening ceremony will begin at 2pm on November 11th.

R.A.D. RAPE AGGRESSION DEFENSE

October 5th, 6th, and 12th • 6-9pm PREVAILING CHURCH

14660 Alexander Road • Walton Hills, Ohio 44146



Rape Aggression Defense (RAD) Systems is not a martial arts program. It is an internationally recognized WOMEN-ONLY self-defense course teaching realistic tactics and techniques to give women the tools needed to prevent or escape harmful situations.

RSVP to Sergeant Melissa Walsh by Saturday, October 1st

> MelissaW@waltonhillsohio.gov Or call 440.232.1313

October Recreation News

Carol Stanoszek, Recreation Director (440) 786-2964 stanoszekc@waltonhillsohio.gov Mary Brenner-Miller, Recreation and Community Life Committee Chairwoman

Event: PATTERSON'S FRUIT FARM

Date: Tuesday, October 11th

- Time: Leaving Village Hall at 11:30am
- Site: Chesterland, Ohio
- Cost: \$1.00 for transportation + what you buy
- Note: Buy all of your apples and pumpkins! Enjoy lunch with neighbors and friends.

Event: TALK WITH KATHLEEN KAPUSTA

Date:	Thursday, October 13 th
Time:	6:30pm
Site:	Community Room
Cost:	Free
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Note: Evaluating whether a senior is safe to drive. Helping a senior give up driving and putting a plan in place. See next page for more information.

Event: LUNCH AT 100th BOMB GROUP

Date: Tuesday, October 18th

Time: Leaving Village Hall at 10:45am

Site: Cleveland

- Cost: \$1.00 + cost of lunch
- Note: WWII themed restaurant with a view of Cleveland Hopkins International Airport.

Event: MORNING MEETING WITH THE MAYOR

Date:	Wednesday,	October	19 th
Time:	9am		

Site: Community Room

Cost: Free

Note: Great way to hear about what's happening in Walton Hills. Ask questions and get answers while enjoying breakfast and coffee.



Event: HALLOWEEN PARTY & TRICK OR TREAT STREET

Date: Sunday, October 30th

- Time: 5:00pm
- Site: Walton Hills Church of Christ, 7166 Dunham Road
- Cost: A donation to our food pantry would be appreciated!
- Note: See the schedule of events below!

Event: SENIOR LUNCH

Date: Monday, October 31st

- Time: 11:15am
- Site: Community Room
- Cost: \$5.00
- Note: Halloween Party!!!! Wear a costume and you could win a prize! We are going to have fun playing "Let's Make a Deal."

Event: CAROL'S BOOKWORMS

Date:	Monday, October 31 st
Time:	7:00pm
Site:	Community Room
Cost:	A food item for our pantry.

CAROL'S BOOKWORM REVIEW

Last month we read and discussed the book, "Sisters of the Heart and Snow," by Margaret Dilloway. We rated this book:

Out of 5

Halloween Party & Trick or Treat Street

5:00–6:30pm – Costume Judging

5:00– 6:45pm – Jungle Terry

5:00-7:00pm - Magician & Juggler - J.R. Grieco

5:15–6:45pm – Face painting with Joy the Clown

Children's Crafts, Adult & Child Costume Contests, Pizza, Snacks & Beverages

Any residents, family or civic group that would like to pass out treats on Trick or Treat Street please call 440.786.2964.

What Hospitals Must Now Tell Medicare Patients

A new disclosure law is to be initiated by Medicare. The Notice of Observation Treatment and Implication for Care Eligibility (NOTICE) Act was passed by Congress last year and signed by President Obama. It could potentially result in 1.4 million notices a year to Medicare patients. The Centers for Medicare & Medicaid Services (CMS) has delayed implementation of the NOTICE Act until final approval by the Office of Management and Budget, likely to be late 2016.

NOTICE requires hospitals to provide detailed oral and written notification in "plain language" to any patient who receives outpatient observation services for more than 24 hours. Know that a patient can be classified as outpatient care even if their care includes one or more overnight stays in a hospital room. The notice must be provided within 36 hours of the time the patient begins receiving such services, or upon discharge, whichever occurs sooner.

Why is this important information for Medicare recipients to know?

First, since observation status is classified as outpatient care, Medicare pays at a different rate than for inpatient care. Inpatient care is covered by Medicare Part A, while outpatient care falls under Medicare Part B. Second, if a person enters a skilled nursing facility from a hospital and they qualify for Medicare coverage, one of the requirements is that they stay for a minimum of 3 consecutive inpatient nights in the hospital. To qualify for this coverage, the hospital stay must be INPATIENT. This is critical information to ask if you or a loved one, covered by Medicare is hospitalized.

Flu Shot Clinic

Walton Hills will be holding a flu shot clinic on Wednesday, October 12th from 9:30am-12:00pm. The clinic is primarily for residents who are 65 years old or older. Some younger residents with diagnosed chronic illnesses will also be served. There will be a cost of \$25.99 for the flu shot. Pneumonia shots will also be offered at a cost of \$109.99. There is no cost to residents whose primary insurance is Medicare Part B or if their insurance provider covers the cost of the shot.

This is usually the case, as 90% of insurance plans are accepted unless a required deductible has not been met. High dose flu shots may be available in limited quantities. Appointments are necessary. Call the Village Hall at 440.232.7800 to set up an appointment. All Medicare and insurance cards must be brought to the flu shot clinic.

To Drive, or Not to Drive...That is the Question



This presentation will focus on:

- Evaluating whether the senior is safe to drive
- If so, what if any adaptations are advisable

For most, driving is synonymous with independence. Yet, the time may come when driving could no longer be an option for any of us. This might be due to physical limitations such as slowed reflexes, diminished vision, hearing loss or dexterity changes. One may also consider no longer driving due to cognitive changes such as memory loss, forgetfulness or impaired judgment. Whatever the reason, giving up driving is never easy. This becomes even more complex when others, such as a spouse or an adult child need to get involved in the decision-making process.

- If not, how can you help a senior give up driving
- What plan can be put in place



Street Commissioner's Report

Dan Stucky, Street Commissioner / Councilman Brian Spitznagel, Infrastructure Committee Chairman

Brush chipping: As the weather begins to change, we'll be switching gears and winding down our brush chipping program. The last day for chipping will be Monday, October 10th. Please have your brush piles to the road by 7:30am on Monday, October 10th. We will not be picking up any more brush after that date!

Leaf pickup: The chipping crew is the same crew that will be collecting your leaves this fall. It's always very difficult to predict when the majority of leaves will fall, so the actual leaf collection program start date will depend on when we see enough leaf piles at the street! By waiting on the piles to pile up, makes it more cost effective when waiting to bring out our leaf machine and the crew.

Reminder: Please pile your leaves in a neat pile or row as close to the pavement edge as you can. Please make sure it's free of any debris like sticks, gravel, litter or any other foreign matter that could cause injury to our crew and/or damage to our machine. By placing leaves in a neat pile as close to the road as possible and away from mailboxes and sign posts will eliminate the need for excessive raking that will allow us to move from house to house much faster and keep up with



our intended goal of picking up all leaf piles throughout the Village at least once a week. Thank you in advance for your cooperation.

A Heads Up: Trash pickup will not be affected by Columbus Day which is Monday, October 10th.

Environmental Message: Don't Fertilize Our Lake



Lake Erie starts in your yard! Be wise and don't fertilize our Great Lake! Local water ways are impacted when fertilizer is applied incorrectly. If you fertilize your lawn, practice the 4 R's of Fertilization:

- 1. **RIGHT TYPE:** Have your soil tested to determine fertilizer needs and choose a slow-release fertilizer. *Recommended practice: Use phosphate-free organic fertilizer.*
- RIGHT RATE: Soil test results will supply you with the appropriate fertilizer rate. Don't exceed the recommended rate and never apply more than 1½ pounds of nitrogen per 1,000 square feet. Recommended practice: Use mulching blades on your mower and leave grass clippings on the lawn.
- **3. RIGHT TIME:** Early fall is the best time to fertilize lawns when the cool season grasses are actively growing. *Recommended practice: Never apply fertilizer when rain and wind are in the forecast.*
- 4. **RIGHT PLACE:** Proper fertilization techniques save money and protect waterways and wildlife. Avoid fertilizing near streams, ditches, hard surfaces and slopes. *Recommended practice: Incorporate native plantings near streams, ditches and slopes to better intercept pollutants before they enter waterways.*

HONOR THEIR WISHES

Councilwoman Gloria Terlosky, Information Committee Chairwoman

When is it time to let go? Did I do the right thing? Was it too soon? Were these treatments for my pet, or were they mostly for me? Years ago pet owners were quick to put a pet down (euthanize) at the first sign of illness, or inconvenience. Now it seems to be the opposite. Pets have become and are viewed as members of the family. A lot of seniors have grand-pets instead of grandchildren.

In 2013, Americans spent \$56 billion on their pets. Of that, \$7.6 billion was spent on medication alone. It is not an easy decision to have your pet euthanized. It is like having a piece of your own heart torn away. As humans we know when enough is enough for our own personal lives, and we can express our wishes and desires to our loved ones.

Animals can't speak, they cannot tell us what hurts or that they have pain. As responsible pet owners we have to pay attention and watch the behavior of our pets and become their voice. It is a very confusing time when a pet is ill. What to do, how much should I keep spending for treatments, medications and vet bills? Are the treatments and medications causing my pet additional pain? So many questions and very few viable answers.

I suggest to you, start making a list of things your pet LOVES to do. Here are some examples: meeting and greeting you at the door when you come home, jumping up on the window ledge, watching and clucking at the birds. Playing tug-a-war with that beat up stuffed animal. Snuggling up to you in bed or when you try to read a book. Eating, especially those special treats like there is no tomorrow! Riding in the car with their ears flapping in the breeze. Hearing their sweet song as you uncover their cage.

When your pets stop doing the things they love to do, they are speaking to

you and telling you they are ready to go. Enough with the vet visits, enough with the pills, enough with the treatments, and enough with those shots. They are saying loud and clear, show me some dignity and honor my wishes; "I loved you probably even more than you loved me, but it is time, read the list you wrote about the things I loved to do, and may it give you peace to know that I am at peace because you loved me and cared about my wellbeing."

My hope is that if you are in this situation and you read this article it will give you some comfort and help you in your decision making, and when the decision has to be made it will be comforting to both you and your pet to know you have honored their wishes.

God bless our animal friends for the love and the memories they have given us. Rest in Peace Mica.



Thank You Carol James Florist

Our most sincere appreciation is extended to Carol James Florist, located at 451 Broadway Avenue in Bedford, for donating a beautiful floral arrangement for display in the Village Hall lobby every week.

Please patronize this wonderful florist! Their phone number is 440.786.1811.

Connect with Walton Hills









One of the many threads in the fabric of our Village

If you've ever had the chance to meet Marge Gibbons you already know how special of a woman she is, and if you haven't had the chance to meet her, you'll soon find out how special she is! Marge was born in Cleveland on July 29, 1948. She grew up in Independence and graduated from Independence High School in 1966.

Marge has been married to her husband Dennis since the couple wed on August 1, 1970. They met on a blind date in 1964 when they were both juniors in high school. Dennis attended St. Peter Chanel High School. Shortly after graduation, Dennis was drafted in the Army and from 1968 to 1970 was stationed on a demilitarized zone in Korea. Marge said she's so thankful that Dennis didn't get sent to Vietnam.

The couple has three kids and five grandchildren. The grandchildren range in age from four years old to 17 years old. Jokingly Marge said that grandkids should come before kids because they're more fun! Marge is extremely proud of the family that she said God has blessed her with!

Marge spent a good amount of her adult life as a stay at home mom. When her kids got older she went back to work. She worked at the heating/cooling business Comfort Air Company in Maple Heights as a dispatcher and then she worked at Miles Farmer's Market in Solon in accounts payable/receivable. In 1987 Marge and Dennis opened their own business, Chagrin Valley Wellness Center. Dennis is a licensed massage therapist. The mission statement at CVWC is to achieve proper client posture for the ease of movement, maintain core strength and preserve flexibility. CVWC offers muscle release therapy, Thai yoga massage, therapeutic yoga, Pilates, reflexology, Reiki, acupuncture and more to live up to the mission statement. Visit <u>www.chagrinvalleywellness.com</u> for more information.

Marge said Dennis is an innovator when it comes to the muscle release therapy, a therapy that he created and still teaches to this day. It is a therapeutic form of massage that balances your posture based on your body's unique analysis. It permits your body to move fluidly, work more efficiently, and do so with less pain and discomfort. When the couple started the practice, Marge worked in the accounts payable/receivable; she also got to know a lot of the clients who eventually became family friends. The practice moved to Beachwood nine years ago and that's where it is today.

Marge loved working at CVWC, but that all changed three years ago when she was forced into retirement. Two days before her birthday, on July 27, 2013 Marge was at her house alone and the walls began "popping" and "cracking." She said she remembers sitting down and dialing 911, she thought she was having a stroke. Marge didn't have a stroke, she suffered a brain aneurysm. The fire department was at her house within three minutes of her dialing 911. Their quick response may have been what saved her.

From her house she was taken to Ahuja and when it was determined that she had blood on her brain she was taken downtown to University Hospital. When Marge arrived, the hospital's chief neurosurgeon was waiting for her. Marge underwent a 6 ½ hour



surgical procedure. The hospital staff was preparing Marge's family for the worst because according to them, "no one survives aneurysms." Well, Marge did survive, she said "The angels were with me." She is one of two patients who survived an aneurysm that her doctor treated.

The nursing staff told her family, that if Marge should wake, she could have a number of lasting effects from the aneurysm; anything from not being able to blink or not being able to swallow. When Marge awoke from surgery she said she remembers being hungry and asking for some food! Her nurse was shocked, but she was given scrambled eggs! The only affects from the aneurysm Marge has is that she lost her peripheral vision on her left side and she no longer can read words on a white background.

Since her aneurysm, Marge's husband has made their home more accommodating for her, for example, Dennis painted all of the walls to a shade that Marge is able to see. She is extremely appreciative of all that Dennis has done for her. Marge's doctor calls her a miracle and her priest at St. Barnabas Catholic Church calls her a sign of hope for others. Marge said she is just extremely blessed and thankful to be here today. We're thankful that she's here today as well.

October 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Women's Club Board Mtg. 7pm	4 C.O.W. Mtg. 6pm	5 Historical Resource Center 1-3pm & 7-8:30pm RAD Class 6-9pm	6 Mayor's Court 4pm RAD Class 6-9pm	7	8
9	10 Last Day for Brush Chipping 7:30am 50 Plus Club Board Mtg. 10am	11 Patterson's Fruit Farm Leaving Village Hall at 11:30am C.O.W. Mtg. 6pm	12 Flu Shot Clinic 9:30am-Noon RAD Class 6-9pm	13 Women's Club Work Day 1pm Mayor's Court 4pm Senior Driving Talk 6:30pm	14	15
16	17 50 Plus Club Mtg. 1 pm Antique Car Club 7 pm	18 Lunch at 100 th Bomb Group Leaving Village Hall at 10:45am Council Mtg. 6pm	19 Morning Meeting w/the Mayor 9am	20 Mayor's Court 4pm	21	22
23 30 Halloween Party & Trick or Treat Street 5pm	24 Senior Lunch 31 11:15am Carol's Bookworms 7pm	25	26 Women's Club Membership Mtg. 7pm	27 Mayor's Court 4pm	28	29

Women's Exercise Class – Tuesdays and Thursdays from 6:30 to 7:30pm in the Community Room Mahjongg – Mondays, Tuesdays and Thursdays from 1 to 4pm at the Walton Hills Church of Christ Knit-Wits 2 Needles - Tuesdays from 1 to 3pm at the Walton Hills Church of Christ

For the most up-to-date info, call the Village Voice Info Line 440.735.5001 Option 5 Extra copies of the Walton Hills Journal are available at the Village Hall





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Improving your health, one talk at a time.

Join our experts for free monthly talks on important health topics.

Matters

Join us on the second Wednesday of every month from 6 to 7:30 p.m. for a different educational presentation at various UH locations. There is no charge to attend, but space is limited and reservations are required.

WHAT'S NEW WITH THE FLU

WEDNESDAY, OCTOBER 12 Be prepared for flu season. Get the latest updates about this common seasonal illness.

HEALTHY BONES & JOINTS

WEDNESDAY, NOVEMBER 9 Healthier joints and bones can mean less pain. Get tips to keep them strong and stable.

ALZHEIMER'S DISEASE

WEDNESDAY, DECEMBER 14 Learn more about the symptoms of and treatments for Alzheimer's disease. Support for care givers will also be discussed.

To register, call 216-767-8435 or visit us online.

UHhospitals.org/HealthMattersRSVP

Participate in the conversation on social media using #UHHealthMatters

