



VILLAGE OF WALTON HILLS

WORK. PLAY. LIVE.



Journal

MAY 2016

Dear Walton Hills Residents,

I am providing a newsletter this month to inform you of major changes relating to storm water fees that will be going into effect during the second half of our fiscal year of 2016. As many of you may remember, in 2012 and 2013, the North East Ohio Regional Sewer District (NEORS) proposed a storm water fee that would affect everyone in the system. Several communities challenged the authority of NEORS to try and stop this fee, but after 3 long years, the Ohio Supreme Court said the fee was authorized and NEORS could move forward with the program. With that said, your community leaders are fully aware of the changes that will be taking affect by year's end and we are going to work to make the transition as easy as possible by providing residents and businesses with the most up-to-date information available regarding the storm water fee.

We have decided to dedicate this issue of the Walton Hills Journal to the storm water fee matter. By doing so, we hope customers will better understand the additional storm water sewer fee that will soon be added to every customer in NEORS's service area. You'll find an insert in this issue with the fee information provided by NEORS. Please join us on Tuesday, May 24th at 6:00pm in the Community Room for a Town Hall Meeting. A representative from the NEORS will further explain the storm water fees.

Development of hard surfaces (roads, driveways, rooftops, parking lots, etc.) contributes to an increase in storm water runoff and contributes to erosion and other contamination of our waterways. All of us play a role in contributing to the increase in storm water runoff, and when these areas along our streams get damaged, they can lead to flooding and damage to property and infrastructure. The storm water fees have been created to assist with controlling the effects that the increases in storm

water runoff have had on our waterways. No single person or business is to blame for the water runoff problem, but now it is a shared problem for all of us. It must be addressed to protect one of our greatest natural assets, Lake Erie, and its tributary rivers and our drinking water. Pollution of Lake Erie affects all of us, therefore we must solve the issue as a group or simply leave the system altogether, and we both know that we cannot do that without an even greater cost than the storm water fee that will soon go into effect.

Since 2012, we have looked at different ways at possibly changing our sewer system, but too many variables have stood in the way. The bottom line is we have an opportunity to offset our cost by a couple of different resources; we can apply for homestead cost reduction and we can install some rain gardens and retention ponds. Please review the information that we've provided to you and see if you may qualify for some credits to offset your costs. Also, please bring any questions you may have to our Town Hall Meeting on Tuesday, May 24th while we work together to solve this issue as a team.

Remember, we cannot hold everything together if we do not use all of the different "nuts and screws" that we each have. That said, we need to address all issues with a positive attitude. Coming together is a beginning; keeping together is progress; working together is success for all.

Please join us for Memorial Day on Monday, May 30th at 8:30am for our program to honor and recognize our men and women that have served our country. May God Bless You.

Thank You,

Kevin Hurst

Mayor/Safety and Economic Director,
I.G.I.T.

Happy
MEMORIAL DAY



www.waltonhillsohio.gov

\$2,000,000 SWIPE AND WIN



COME ON AND TAKE A FREE SWIPE

You're **GUARANTEED** to win a-MAY-zing prizes every day from May 1–31 between 9AM and 11PM. Swipe your card daily to win instant prizes like Free Play, food credits, credit multipliers, gift cards to Lowe's and Giant Eagle, or even Golden Tickets. On Tuesdays and Thursdays, you can pick your favorite prize from multiple options!

\$60,000 BACKYARD BASH — DRAWINGS —

Plus every Golden Ticket is a chance to win your share of prizes in our \$60,000 Backyard Bash Drawings, Saturdays at 3PM and 7PM. You can win cash, Free Play, new patio furniture, a new BBQ grill and more from our friends at Lowe's.



VEGAS EXPERIENCE. OHIO ADDRESS:

f HRRNP.COM • 330.908.7625

Must be 21 years of age or older. Non-transferable and non-negotiable. Management reserves the right to cancel or modify this offer without notice. Other restrictions may apply. See Players Club for details. For free, confidential help 24/7, call the Ohio Responsible Gaming Helpline at 1.800.589.9966. ©2016 Hard Rock International (USA), Inc. All rights reserved.



NORTHFIELD PARK

FIND YOUR RHYTHM™



Your Village Officials

Top row: Councilpersons Gloria Terlosky, Paul Rich, Mary Brenner-Miller, Brian Spitznagel

Bottom row: Councilman Don Kolograf, Mayor Kevin Hurst, Councilman Denny Linville

Legislation Unanimously Approved at the 4.19.2016 Council Meeting

Council meeting minutes are available in their entirety on the Village website

Ordinance No. 2016-6 is an ordinance to enact section 618.16 chicken regulations (First Reading).

Ordinance No. 2016-7 authorizes the Mayor to enter into a storm water management program service agreement with the Northeast Ohio Regional Sewer District to implement its storm water management program.

Resolution No. 2016-16 authorizes the Mayor and Fiscal Officer to enter into a contract with Noce Enterprises, Inc. for the Dellwood Drive and McLellan Drive water main replacement project.

Resolution No. 2016-17 authorizes the Village Engineer to prepare bid specifications and advertise for bids for the repaving of the upper and lower lots of the Village Hall.

Reminder: Village Hall will be closed on Monday, May 30th for Memorial Day

National Day of Prayer



The Village of Walton Hills will be participating in the 65th annual National Day of Prayer on Thursday, May 5th. It is an annual observance inviting people of all faiths to pray for the nation. It was created in 1952 by a joint resolution of the United States Congress, and signed into law by President Harry S. Truman.

The theme for 2016 is "Wake Up, America," emphasizing the need for individuals to return to fully relying on God. In Walton Hills, we will be holding our observance at The Gospel House Church located at 14707 Alexander Road beginning at 11am. Light refreshments will be served following the observance.



Walton Hills Police Department Information

Kenn Thellmann, Chief of Police / Councilman Denny Linville, Safety Committee Chair

New Traffic Safety Signs

If you've traveled through Walton Hills recently, you've probably noticed a few new flashing traffic and road conditions safety signs. The Village has installed these signs in hopes of bringing awareness of road conditions to motorists, along with curbing bad driving habits, like speeding or "rolling through" stop signs; we're trying to make the Village of Walton Hills as safe as possible for the thousands of travelers that drive through our community.



If you frequently drive on Alexander and Sagamore Roads you're aware of the many speeders that use those roads. By installing new flashing speed limit signs, we're hoping to reduce the problem. There are two on Alexander Road and one on Sagamore Road. The new flashing stop signs are at the following locations: Walton Road/Egbert Road, Egbert Road/Dunham Road, Walton Road/Sagamore Road, Sagamore Road/Walton Road, Sagamore Road/Dunham Road, Walton



Road/Hicks Road, Dunham Road/Sagamore Road, and Tinkers Creek Road/Dunham Road. There are four "Watch for Ice When Flashing" signs in Walton Hills; three on Dunham Road and one on Egbert Road. The next time you head out please pay attention to the new signs to make your trip and the trips of others as safe as possible!



A Memorial Day Message from our Veterans' Liaison

Abby Frejofsky, Walton Hills Veterans' Liaison + 440.232.1313 + AbbyF@waltonhillsohio.gov

Have you ever noticed around Memorial Day members of VFW's giving out red silk poppies? Poppies are century old flowers that have been used for seasonings, medicinal purposes and health tonics. Water from the flower is rumored to remove wrinkles and freshen up the skin. They symbolize beauty, magic, consolation, fertility, and eternal life; poppies denote sleep, rest, and repose. Egyptians included poppies in their burial tombs and the Greeks used poppies in their shrine of Diana, goddess of the hunt.

Why are poppy flowers associated with Memorial Day? Scarlet corn poppies grow

naturally in conditions of disturbed earth throughout Western Europe. After World

War I the poppy was one of the only plants to grow over the battlefields. The poppy came to represent the immeasurable sacrifices made in World War I and later conflicts. Please remember that Memorial Day is not the end to a three day weekend and acknowledge the sacrifices made by our brothers and sisters. Don't forget to join us for our Memorial Day observance on the Village Hall grounds, Monday, May 30th at 8:30am.



Building Inspector's Report

Rob Kalman, Building Inspector
Councilman Brian Spitznagel, Infrastructure Committee Chairman

We have a service orientated Building & Zoning Department. Our goal is to work for you and provide you with excellent service when you want to improve and repair your investment in the Village of Walton Hills. We want you to know that this can only be accomplished if you call or stop by to ask any questions concerning your specific projects. We want to prevent any problems from occurring before you begin improvements at your home. If you're ready to make repairs, contact the Building Department first to learn the pre-project guidelines you'll need to follow.

Next is choosing your contractor, which may be the most important decision you will make for your home repairs. The Building Department suggests that you get a few estimates before choosing a contractor. We cannot recommend any contractor to you, but Walton Hills requires them to be registered in order to work in our community. Registered contractors provide the Village with insurance information, state license information and a contractor's bond to help

ensure successful completion of any given project.

We suggest that you contact the Better Business Bureau (BBB) at 216.241.7678 regarding your contractor. The BBB should be able to provide details to you about any complaints made against your potential contractors.

Contact our Building Department to find out if a permit is required. Ask your contractor to show you a copy of the permit prior to starting the project. If they ask you to get the permit, please be aware. Most reputable contractors will obtain the permits as required by law. The purpose of the permits is to protect you, the homeowner, and serves as your waiver to offer protection and help ensure that the work will meet the Villages' building codes. If you have any questions, please do not hesitate to contact the Walton Hills Building Department at 440.232.7800; if no one answers, please leave a message and someone will return your call. You could also visit our web page at www.waltonhillsohio.gov or stop in the Village Hall for more information.

HERITAGE HOME PROGRAM

Free Community Information Session

WALTON HILLS | WARRENSVILLE HEIGHTS

Thursday, June 9

6:30 PM

Warrensville Heights Library

4415 Northfield Road, Warrensville Heights, OH 44128

BEDFORD | GLENWILLOW | HIGHLAND HEIGHTS

This free program includes **impartial rehab advice**, **free technical assistance** and **low-Interest financing** which covers home rehab costs (current rate of 2%) for homes 50 years and older.



CLEVELAND
RESTORATION
SOCIETY



cuyahoga
arts & culture
strengthening community



Ohio Arts Council

Questions?

Call 216. 426. 3116

HHP@heritagehomeprogram.org



May Recreation News

Carol Stanoszek, Recreation Director (440) 786-2964 stanoszekc@waltonhillsohio.gov
Mary Brenner-Miller, Recreation and Community Life Committee Chairwoman

Event: NATIONAL DAY OF PRAYER**Date:** Thursday, May 5th

Time: 11am

Site: The Gospel House Church

Cost: Free

Note: This will be the Village's sixth year of celebrating this nationally recognized day of observance. We will partner with many of the faith-based churches in and around our community. Light refreshments will be served following the observance.

Event: HEINEN'S DOWNTOWN**Date:** Tuesday, May 10th

Time: Leaving Village Hall at 10:55am

Site: Cleveland

Cost: \$1.00 plus lunch and what you buy

Note: First stop will be lunch at Adega and then it'll be onto Heinen's.

Event: SENIOR LUNCH**Date:** Monday, May 23rd

Time: 11:15am

Site: Community Room

Cost: \$5.00

Note: Theme: The Kentucky Derby! Ladies, wear your hats and everyone get ready to bet on the horses!

Event: CAROL'S BOOKWORMS**Date:** Monday, May 23rd

Time: 7pm

Site: Community Room

Note: Please bring a food item for our pantry.

Event: STANCATOS**Date:** Wednesday, May 25th

Time: Leaving Village Hall at 11am

Site: Parma

Cost: \$9.00 (includes transportation)

Note: Lunch buffet

Event: MEMORIAL DAY PROGRAM**Date:** Monday, May 30th

Time: 8:30am

Site: Village Hall grounds

Note: Join us for our annual observance of this very special day. Refreshments will be served after the program.

LOOKING AHEAD TO JUNE

Event: ANNUAL PAPER SHREDDING**Date:** Saturday, June 4th

Time: 9am-12pm

Site: Village Hall

Note: Dispose of your old financial statements, tax forms, bills, medical records and other papers.

Event: VILLAGE GARAGE SALE**Date:** Thursday, June 9th thru Saturday, June 11th

Time: 9am-4pm

Note: Contact the Rec Department or Village Hall for more information in the coming weeks.



Thank You!

OUR VILLAGE PANTRY that is used to help residents that are in need is in need! If you can help, we are in need of canned soups and vegetables, cereal, peanut butter, jelly, canned meats, tuna fish, boxed side dishes (pasta, potatoes and rice). Please check the dates on your donation.

CAROL'S BOOKWORM REVIEW

Last month we read and discussed the book,
"Rosemary, the Hidden Kennedy Daughter" by Kate Clifford.
We rated this book:



Out of 5

Street Commissioner's Report

Dan Stucky, Street Commissioner / Councilman Brian Spitznagel, Infrastructure Committee Chairman

Now that spring has arrived, we can turn our attention to some outdoor maintenance items such as repairing streets, storm sewer basins and streetscape beautifying projects. Nice spring weather is sure to keep our brush chipping crew busy several days a week and we will also commence our weekly grass cutting duties.

This month we are planning to implement a proposal to upgrade the original landscaping around the Village Hall and Community Room buildings. Also, as we prepare for our annual Memorial Day observance at the Veterans' Memorial, we will try to complete installation of a couple of new landscape beds on the Village Hall grounds. **Reminder: due to Memorial Day on May 30th, trash collection will be delayed by one day to Saturday, June 4th.** Construction on more landscape Village entrance sign areas will begin this month and will continue into June.

This month we'll begin the Cuyahoga County Solid Waste Authority's recycling programs. The household hazardous waste roundup will be held Monday, May 9th through Friday, May 13th from 8:00am to 3:30pm at the Service Center (acceptable items to recycle are listed below).

We have until the end of May to take delivery of the remaining 600 tons of rock salt we are required to purchase based on this year's ODOT contract. Once we stock pile this order we will have approximately 1500 tons of salt on hand to start next winter with, thus saving us some money in the 2017 budget.

Household Hazardous Waste Recycling

Acceptable Materials

- Oil or solvent-based paint, sealers, primers, or coatings (aerosols or liquids)
- Varnishes, polyurethanes, shellacs
- Paint thinner, mineral spirits, turpentine
- Pesticides, herbicides, fungicides
- Caustic household cleaners
- Pool chemicals
- Automotive fluids, motor oil, car batteries
- Adhesives, roof tar, driveway sealer
- Kerosene, gasoline, lighter fluid
- Mercury, fluorescent bulbs (maximum length of 6 ft.)

Other Upcoming Recycling Roundups:

Recycle Your Computer

June 6th through 10th and September 26th through 30th

Scrap Tire Roundup

September 12th through 16th

Annual Paper Shredding Event - The annual paper shredding event will be held on Saturday, June 4th from 9am to 12pm at the Village Hall. You can dispose of old financial statements, tax forms, bills, medical records and other papers!

Unacceptable Materials

- Latex paint
- Explosives, gun powder, ammunition, flares
- Medical waste, pharmaceuticals, medicines, needles
- Radioactive waste (smoke detectors)
- Tires
- Electronics, appliances
- Business or commercial waste

Zoning Board of Appeals Position

The Village of Walton Hills has been notified by a zoning board member that they will no longer be available to serve on the Board of Appeals; therefore our Village will have a position available for the Zoning Board of Appeals starting this month. Any residents who are interested in the position should apply with a letter of interest and a resume that shows your interest in serving our Village. Please contact Mayor Kevin Hurst. You can drop off your application in the white mailbox outside. Please have all of your application materials submitted to the Village Hall by Wednesday, June 1st.



OHIO, THE HEART OF IT ALL

Councilwoman Gloria Terlosky, Information Committee Chairwoman

"Ohio, the Heart of It All," this slogan has a new meaning. Dayton, Ohio is the new epicenter of the heroin trade due to "drug mules." Drug mules are humans who swallow heroin pellets wrapped in wax paper or thick latex and traffic them into the United States. "Is it a boy or a girl?" No, I am not talking about an inquiry about the birth of a child; I am talking about the names they use to refer to drugs on the street. A boy is crack (cocaine) and a girl is heroin.

One drug mule can swallow 71 pellets, enough for as many as 30,000 hits at \$10 a pop on American streets. Drug handlers tell the drug mule not to eat or drink anything (especially soda or orange juice because it could erode the pellets wrapped in the wax paper and thick latex) until they reach their final destination. This is known as the farm-to-arm supply chain.

This resurgence of heroin addiction started after a government crackdown on opioid painkiller abuse. Unable to get pills, addicts turned to heroin, the painkillers' chemical cousin. According to data prepared by the Ohio Department of Mental Health and Addiction Services and the Ohio Department of Health, there has

been a 366% increase in drug overdose deaths from 2000 to 2012 in Ohio. According to the Washington Post, in the Dayton area alone, only since 2011, heroin-related deaths have increased 225%; last year there were 127 fatal overdoses, one of the highest rates in the nation.

Trafficking of drugs is very, very profitable. A kilo of heroin might cost \$5,000 to produce in Mexico, but it could sell for \$80,000 to suppliers in the U.S. and an enterprising street dealer could make \$300,000 by diluting the kilo and doling it out to drug addicts one tenth of a gram at a time.

To spur demand, dealers are giving free "fester" hits of powder heroin when customers buy marijuana or crack. I hope this article gives you, my reader, some food for thought when it comes to issues about opioids, legalization of marijuana and building a wall on our southern border.

Is it a boy or a girl? I like the old meaning better.

R.A.D. RAPE AGGRESSION DEFENSE

JUNE 14th, 21st & 28th FROM 6:00-9:00pm

Prevailing Church

14660 Alexander Road • Walton Hills, Ohio 44146



Rape Aggression Defense (RAD) Systems is not a martial arts program. It is an internationally recognized WOMEN-ONLY self-defense course teaching realistic self-defense tactics and techniques to give women the tools needed to prevent or escape harmful situations.

RSVP to Sergeant Melissa Walsh by June 7th

MelissaW@waltonhillsohio.gov
or call 440.232.1313

Mershona Parshall

One of the many threads in the fabric of our Village

Mershona Parshall was born in Brooklyn, New York and she grew up in northern New Jersey. Growing up in the New York/New Jersey area, Mershona was able to immerse herself in the arts, which she credits to her dad. Mershona's father was into the opera, symphony, and the Broadway Theater; he passed his love of the arts down to his daughter. To this day, Mershona uses her own artistic talents to help her clients on a daily basis, more on that soon.

After graduating from Midland Park High School in New Jersey, Mershona headed south to Florida State University where she earned her Bachelor of Science in Art Education. Mershona holds two masters degrees; she has a Master of Science in Social Administration and a Master of Arts in Art and Expressive Therapy.

After graduation from FSU, Mershona took a job in Minneapolis, Minnesota, working in a number of different theater organizations. Mershona said she worked a lot at the Guthrie Theater in Minneapolis doing costume special effects and working with fabrics; she also did her own art and had art shows. Working in Minneapolis jump-started her "first career" in the entertainment industry. After living in the north, Mershona moved out west to Santa Fe, New Mexico where she worked at the Santa Fe Opera for a couple of seasons before moving to Los Angeles, California. In L.A., Mershona had her own business where she created custom costumes



for theater, movies, Disney, the Ice Capades, and for musicians. While in California, Mershona decided she didn't want to spend the rest of her life working in the entertainment industry and that's when she went back to school and earned her master's degree in art and expressive therapy (which she uses today in her "second career").

Mershona loves the rich history and culture New Mexico has to offer, so she moved back to Santa Fe after living in Los Angeles. Mershona did art therapy for ten years in Santa Fe. Eventually, Mershona decided to move back east, but she didn't want to move back to the city. She has family in the Cleveland area, so she decided to move to northeast Ohio. In 2003, Mershona moved to Walton Hills. She said she loves the country, rural-feel of Walton Hills and how close it is to the

city and parks. She said it's a great small-knit community and she's glad she decided to live in Walton Hills.

When she's not at home enjoying beautiful Walton Hills, Mershona keeps busy working part-time at Luna Living Brain Energy Spa in Chagrin Falls and working part-time at her private practice. Mershona is an independently licensed clinical social worker-supervisor, a registered and board-certified art therapist and an advanced clinical hypnotherapist. At her private practice, Mershona does individual and family counseling, hypnosis, holographic memory resolution and neurofeedback which is a non-invasive method that trains the brain to function more efficiently. To learn more about Mershona's private practice, please visit her website www.mershona.com. She did her private practice solely for 13 years before working part-time at the Cleveland Clinic's Center for Integrative Medicine. She worked with the Cleveland Clinic for 3 ½ years before Luna Living offered her a position in its start-up.

Luna Living is a brain energy spa that treats chronic brain disease in a warm and compassionate atmosphere. Mershona is Director of Programs and uses her skills in traditional and non-traditional therapies such as art therapy, trauma resolution, hypnosis and neurofeedback to help clients with all types of symptoms including drug addiction, depression, and trauma.

(Continued on next page)



Mershona Parshall

(Continued)

Many clients at Luna Living are former heroin addicts; heroin use is an epidemic that seems to be growing across Ohio. A lot of heroin users were, in the past, prescribed painkillers. Once the painkillers were gone, they began using heroin because of the similar effects it has on the human body and that it's easy to obtain on the streets. At Luna Living, clients go through a 10-day nutritionally assisted detox program that minimizes withdrawal symptoms and greatly reduces cravings. Counseling services are part of the program as well as 20 sessions of neurofeedback that further helps to support the brain to heal. Mershona said, "When your brain is hijacked by substances such as drugs and alcohol, what needs to happen is you first need to detox and reduce the cravings followed by therapies which help clients to maintain a remission (sober) lifestyle." Mershona wants the public to understand that Luna Living doesn't refer to the detox program as "going into treatment." The organization wants to de-stigmatize addiction and going into drug treatment programs. She said "Addiction is a brain disease, not a moral failing. The heroin epidemic

is hitting the suburbs and middle-class families; it's not just people in poverty becoming addicted to drugs. Painkillers that have been prescribed by doctors are a big cause of the problem."

There are a number of resources to help clients at Luna Living detox from heroin, opiates, and other drugs and alcohol. One of those resources is Nicotinamide Adenine Dinucleotide (NAD). NAD is a coenzyme, made of niacin (B3) that is found in all living cells. In our body, NAD upregulates energy production, increasing the levels of neurotransmitters like serotonin and dopamine. Repeated drug and alcohol abuse affects these vital processes (definition found on www.lunalive.org). NAD is nutritionally-based; it's not a chemical treatment. Mershona said the detox program offered at Luna Living restores and speeds up the healing of the brain.

NAD has been around awhile, but not readily used; Mershona said drug companies influenced choosing methadone (a chemical drug) instead of NAD to treat heroin addicts, "treating a drug with a drug." She went

on to say that NAD is re-emerging in the United States. When the CEO of Luna Living, Wendy Komac, observed people detoxing from really serious drug addiction in such a short period of time with NAD, Wendy said that we have to bring NAD to Ohio. Mershona said Luna Living might be the first facility to use NAD in the Midwest. To learn more about what the Luna Living Brain Energy Spa has to offer visit www.lunalive.org.

Not only does Mershona use her skills locally to help others, she also uses them around the globe. Mershona is the director of a non-profit organization that works with the Shipibo Tribe in the Peruvian Amazon. Mershona travels to the area once or twice a year, something that she's been doing since the mid-2000s. In the past, she's worked with the tribe as a whole, but now Mershona primarily focuses her work there with the women and children of the tribe. Mershona spends most of her time helping others improve their lives whether it's here in Ohio or around the globe. Helping others keeps her extremely busy, but she wouldn't change any of it for the world!



Thank You Carol James Florist




Our most sincere appreciation is extended to Carol James Florist, located at 451 Broadway Avenue in Bedford, for donating a beautiful floral arrangement for display in the Village Hall lobby every week.

Please patronize this wonderful florist!

Their phone number is 440.786.1811.

Calendar of Events

May 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Women's Club Board Mtg. 7pm	3 C.O.W. Mtg. 6pm	4 Historical Resource Center 1-3pm and 7-8:30pm	5  Mayor's Court 4pm	6	7 Volunteer Spruce Up Day at the Walton Hills Lake 10am-3pm
8 Antique Car Club 2-4pm 	9 HHWD 8am-3:30pm 50-Plus Club Board Mtg. 1pm Blood Drive 2-6pm	10 HHWD 8am-3:30pm Heinen's Downtown Leaving Village Hall at 10:55am C.O.W. Mtg. 6pm	11 HHWD 8am-3:30pm Citizens League Mtg. 7pm	12 HHWD 8am-3:30pm Mayor's Court 4pm	13 HHWD 8am-3:30pm	14 Volunteer Spruce Up Day at the Walton Hills Lake 10am-3pm
15	16 50-Plus Club Luncheon 12pm	17 Council Mtg. 6pm	18	19 Mayor's Court 4pm	20	21 Volunteer Spruce Up Day at the Walton Hills Lake 10am-3pm
22	23 Senior Lunch 11:15am Carol's Bookworms 7pm	24 Storm Water Fee Town Hall Mtg. 6pm	25 Stancatos Leaving Village Hall at 11am	26 Mayor's Court 4pm	27	28 Volunteer Spruce Up Day at the Walton Hills Lake 10am-3pm
29	30 Memorial Day Program 8:30am 	31				

Household Hazardous Waste Disposal - 9th – 13th, Walton Hills Service Center, 8am to 3:30pm

Women's Exercise Class - Tuesdays and Thursdays from 6:30 to 7:30pm in the Community Room

Mahjongg - Mondays, Tuesdays and Thursdays from 1 to 4pm at the Walton Hills Church of Christ

Knit-Wits 2 Needles - Tuesdays from 1 to 3pm at the Walton Hills Church of Christ

For the most up-to-date info, call the Village Voice Info Line 440.735.5001 Option 5
Extra copies of the Walton Hills Journal are available at the Village Hall



Are you at risk for a stroke?

Free Stroke Screenings

Stroke is the fifth-leading cause of death in the United States.
A simple screening can provide peace of mind. Get a free stroke risk assessment
in May at one of the following University Hospitals locations:

UH Case Medical Center

Atrium (near cafeteria)
11100 Euclid Avenue, Cleveland, Ohio 44106
Thursday, May 5 | 11 a.m. – 2 p.m.
Wednesday, May 11 | 11 a.m. – 2 p.m.
Thursday, May 26 | 11 a.m. – 2 p.m.

UH Ahuja Medical Center

Enid B. and David M. Rosenberg, MD
Conference Suites A & B
3999 Richmond Road, Beachwood, Ohio 44122
Friday, May 6 | 11 a.m. – 2 p.m.

UH Bedford Medical Center, a campus of UH Regional Hospitals

Main Lobby
44 Blaine Avenue, Bedford, Ohio 44146
Wednesday, May 11 | 9 a.m. – 1 p.m.

UH Conneaut Medical Center

Main Lobby
158 West Main Road, Conneaut, Ohio 44030
Thursday, May 12 | 4 – 6 p.m.

UH Geauga Medical Center

Main Lobby
13207 Ravenna Road, Chardon, Ohio 44024
Friday, May 20 | 9 a.m. – 12 p.m.

UH Geneva Medical Center

Main Lobby
870 West Main Street, Geneva, Ohio 44041
Thursday, May 19 | 4 – 6 p.m.

UH Portage Medical Center*

Northeast Ohio Medical University
4209 State Route 44, Rootstown, Ohio 44272
Tuesday, May 10 | 9 – 11 a.m.

**Screening held at another location.*

UH Richmond Medical Center, a campus of UH Regional Hospitals

Main Lobby
27100 Chardon Road
Richmond Heights, Ohio 44143
Wednesday, May 25 | 12 – 4 p.m.

Preregistration is not required.

Call 1-866-UH4-CARE (1-866-844-2273) or visit UHhospitals.org/StrokeRisk to learn more.



In collaboration with the UH Neurological Institute and UH Center for Lifelong Health.