

VILLAGE OF
**WALTON
 HILLS**
 WORK. PLAY. LIVE.

Journal



Kevin Hurst
 Mayor



Don Kolograf
 Council President



Mary Brenner
 Councilwoman



Denny Linville
 Councilman



Paul Rich
 Councilman



Brian Spitznagel
 Councilman



Gloria Terlosky
 Councilwoman

Dear Residents,

I celebrated the fourth of July at the Bedford parade a few weeks ago along with Council members, residents, family members, and friends. We were throwing candy and having a good time with the many people along the parade route. It was brought to my attention that sometimes we overlook the obvious and don't take time to appreciate what is in front of us and how fortunate we really are. This was pointed out to me by a gentleman in his late 70's on the parade route that started a conversation with me after the parade was over. He told me that each individual finger is weak, but when they are rolled up into one group, the fingers becomes a mighty fist and become stronger. He noticed that along the parade route the Village of Walton Hills was the only municipality that participated as one unit. That was true; I drove a John Deere tractor which pulled a wagon carrying the Council members, residents, family members and friends. This was recognized as a strong sign of unity. It demonstrated that the mayor is the leader pulling the wagon, but all of the others on the wagon are on the same level as the mayor; we are one unified group. It exemplified the difference between our village and the other communities where the elected officials had individual cars or golf carts and they kept themselves separated from others in their community.

The idea of unity is central to our community. During our Community Day celebration, which this year will be on August 10th, we will try to have our elected officials attend as a unit. When we play softball with the Babes of 1916, we have many of our Council members participate as a unit. When we do various other activities, we try to show unity as a group. We learned a long time ago that there is no "I" in the word "team." We also learned that a team could make a dream work when we plan the dream together. No one community can ever be an island, but Walton Hills has demonstrated strong leadership and unity as a group.



In Bedford's 4th of July parade, Mayor Kevin Hurst drove a tractor with his grandson, which pulled a wagon with Council members, residents, family members and friends. The wagon belonged to our late resident, Jim Salamon, and was purchased by the Recreation Department for use in various Village functions including the annual hayride.

As I reflect on all of the positive things that have taken place so far this summer, I am especially glad that the gentleman on the parade route reminded me exactly how blessed our village is. Even if we don't realize how we conduct ourselves or we don't take notice of the impact that we make on other communities, we will continue to be a government that you can be proud of; we will work as a team to accomplish more each day.

I hope that you enjoy the rest of the summer. We can all be thankful for living in such a great place – Walton Hills – where memories are made. On the fourth of July, we made a lot of memories. God bless everyone!

Sincerely serving you,

Kevin Hurst

Mayor/Safety and Economic Director,
I.G.I.T.



SWIPE. WIN. WIN...

\$1,000,000

SWIPE AND WIN



EVERY DAY IN AUGUST EVERYONE'S A WINNER!

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NORTHFIELD PARK

Walton Hills Police Department Information

Kenn Thellmann, Chief of Police
Councilman Denny Linville, Safety Committee Chair

Meet Bryan Petsche, Auxiliary Police Officer

In July of 2013, the Walton Hills Police Department started an Auxiliary Police Unit to assist with the day to day operations. Today we have ten (10) auxiliary officers that can be seen patrolling our streets in their black and white police units. The auxiliary officers have numerous duties that they perform, such as vacation checks, funeral escorts, court details, prisoner care, directing traffic, etc. In the last three issues of the *Journal*, you were introduced to nine of our auxiliary officers. We would like you to meet one more this month!

- **Bryan Petsche** works for Garfield Heights City Schools, teaching at the Middle School;
- Graduated from Nordonia High School in 2005;
- Graduated from Bowling Green State University in 2009;
- Soccer Coach for Orange Schools;
- Currently takes courses for his Master's Degree;
- Bryan's family grew up in Walton Hills;
- Lives in Valley View, Ohio with his wife, Erin, and their son.



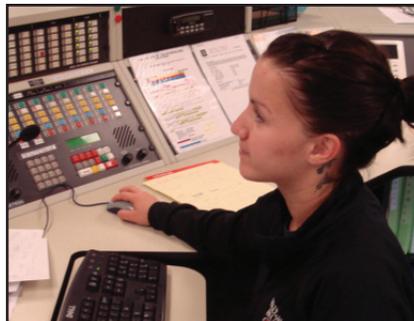
The Walton Hills 911/Communications Center

The Walton Hills Communication Center, which is located inside the Village Hall, is staffed with two Communications Officers 16 hours a day during peak times including peak weekend hours. Walton Hills currently employs one full-time Communications Supervisor, two full-time Communications Officers and 11 part-time Communications Officers. The Communications Center is operational seven days a week, twenty four hours a day, and 365 days a year. The Communications Center provides service for the Walton Hills Police Department, Oakwood Police Department, Walton Hills Service Department, Oakwood Service Department and the Oakwood Fire Department. The Oakwood Fire Department provides fire and rescue services for Walton Hills, Oakwood and

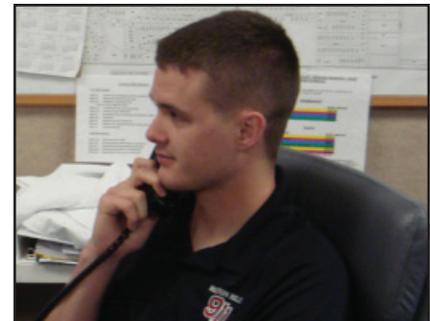
Glenwillow. We also are the main center for activation of the emergency tornado sirens for seven communities. On the average, the Communications Center fields approximately 300 9-1-1 calls monthly in conjunction with 2,700 calls for service. Many of our Communications Officers serve other duties as well, such as: Auxiliary Officer, grant writing, Walton Hills Senior Citizen Police Academy instructor, US Veteran Liaison, Emergency Management Coordinator, SEALE Units, Animal Control, Mayor's Court Deputy Clerk, and Jail Matron. They also accept bonds, ticket waiver fines, tow releases, etc. All Communications Officers are continually attending training sessions and updates to keep current and proficient in all of their duties and assignments.



Sharon Szczepanski,
Communications Supervisor



Abby Frejofsky



Zack Bryant

You were introduced to our new Veterans Liaison, Abby Frejofsky (*pictured above*), in the last issue of the *Journal*. Look for her monthly column starting in September.



Street Commissioner's Report

Dan Stucky, Street Commissioner

The Village of Walton Hills will soon have our very own electronic message center sign in front of the Village Hall. Council has budgeted the necessary funds to finally replace our old, outdated community sign at the corner of Alexander Road and Walton Road! The new message center sign will be a full color LED sign board with an illuminated logo header cabinet containing the *Village of Walton Hills* name. A masonry monument encompassing the LED

sign will be similar to our existing brick pillars but will include a brick wall under the cabinet and adjacent wing walls on each side.

Watch for the different phases to be started within the next month or so that will transform our cumbersome, outdated sign into a beautiful modern electronic information medium that is sure to catch your eye!

Phone Number for Trash Collection Problems

Remember to have your refuse containers, trash bags and blue recycling bags placed at the curb NO LATER THAN 7am on your collection day. If your trash was put out as directed and was not picked up, please do not call the Village Hall. Please call our trash collector, the **Kimble Company**, at **1.800.201.0005**. You can also call them if you have any general questions concerning what items can be placed out with the trash.

Upcoming Recycling Roundups

8am to 3:30pm – Walton Hills Service Center, 6800 Dunham Road

The Cuyahoga County Solid Waste District only accepts materials that originated from a household and not a commercial source.

Household Hazardous Waste Disposal September 8th through September 12th

Accepted items: Oil or solvent-based paint, sealers, primers or coatings (aerosols or liquids); varnishes, polyurethanes, shellacs; paint thinner, mineral spirits, turpentine; pesticides, herbicides, fungicides; caustic household cleaners; pool chemicals; automotive fluids, motor oil, car batteries; adhesives, roof tar, driveway sealer; kerosene, gasoline, lighter fluid; mercury, fluorescent bulbs (6 ft. length max.)

Items NOT accepted: Latex paint; explosives, gun powder, ammunition, flares; medical waste, pharmaceuticals, medicine, sharps; radioactive water (i.e. smoke detectors); tires; electronics, appliances; business waste; commercial waste



Scrap Tire Round-Up – September 15th through 19th

Accepted items: Residential passenger tires only; no tires with rims greater than 20 inches. Tires must be off rims.

Recycle Your Computer – September 22nd through 26th



Accepted items: CPU's, monitors, keyboards, mice, printers, terminals, modems, cables, software, and ink printer cartridges, cell phones and their accessories. All computer hard drives will be erased of all data using U.S. Department of Defense specifications. The secure system eradicates all information stored on your computer and protects your confidentiality. To obtain a tax receipt for your donation, contact the Solid Waste District at swdinfo@cuyahogacounty.us or 216.443.3749 x 8. Please provide your name and mailing address. A receipt will be mailed to you.

New and Improved Street Name Signs Are Coming

Councilwoman Gloria Terlosky, Chairwoman of Information Committee

The Information Subcommittee along with two Walton Hills Village residents met three times over the last three months to decide on what the new street name signs should look like. The State of Ohio's timetable mandates that by the year 2018 the street name signs for ALL communities in Ohio must have more REFLECTIVITY, be LARGER, and have MIXED CASE LETTERING, depending on the M.P.H. of the street.

Notebooks were given to committee members with pictures of other communities' street name signs and examples of signs and poles along with other data. Members were asked to review the data and observe the different street signs in other communities as they go about their daily lives.

At the third meeting we discussed the sample of the pole and street name signs that were on display in the council chambers. The aluminum fluted pole and top scroll work had a powdered coated finish and the pole would break-away if struck by a vehicle. The bottom was bell shaped at the base. The pole had the capability of having a stop sign also mounted on the same pole.

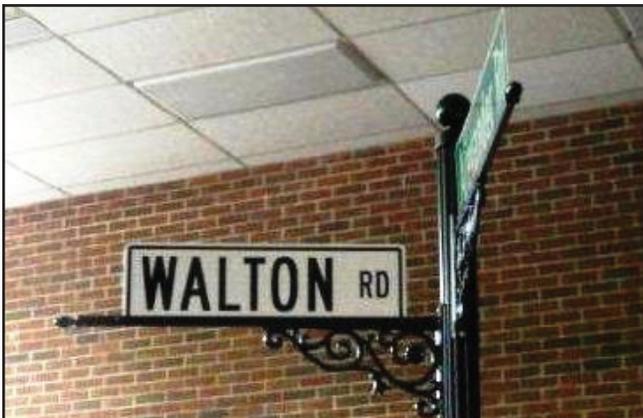
After much research, as chairperson I stated my preference for white and black signs that could be seen at a distance and be

immediately recognizable, sharp, neat with pizzazz, and make the statement "Here I Am, Look at Me!" as in the following items:

police cars, pages in a book, speed limit signs, railroad crossing gates, prisoner stripes, checkered flags, piano keys, golf balls, universal product codes, soccer balls, dice, pirate flags, dominos, priest attire, crossword puzzles, the clock in the Council Chambers, Ansel Adams' black and white photographs, and last but not least our famous white tail deer, who always announce their departure with a flip of the tail for all to see!

The subcommittee all agreed and our recommendation was made to council and it was passed unanimously. The cost for 63 street name signs (37 double and 26 single) would be in line with the amount that was allocated in the 2014 budget in the amount of \$35,000. It will take 4 to 6 weeks for delivery and then our Service Department will do the installation.

The Village of Walton Hills is beautiful and unique and I feel our new street signs will help reflect and direct all who travel our winding and meandering roads and illustrate to them that this is truly a little piece of paradise WHERE MEMORIES ARE MADE!



Pictured is the new sign for Walton Road. The photo on the right clearly shows that the new white sign with black letters is much more reflective than the old green sign with white letters.



K & K Meat Shoppe

6172 Dunham Road – Maple Heights (Turney-Dunham Shopping Plaza)

216.662.2644 *"Where Service & Quality Meat"*

Store Hours: Monday – Friday 9am to 6pm; Saturday 9am to 5pm; Sunday 9am to 2pm

Owned and Operated by Walton Hills Resident Dennis J. Kolar, Jr. - Family Owned and Operated Since 1979



June Recreation News

Carol Stanoszek, Recreation Director (440) 786-2964 stanoszekc@waltonhillsohio.gov
Mary Brenner, Recreation and Community Life Committee Chairwoman

Event: **COMMUNITY DAY**

Date: Sunday, August 10th

Time: Noon to dusk

Site: T.G. Young Park

Note: Come and spend a fun filled day at our beautiful park with your neighbors, friends, and family members! There is something for everyone, including delicious food, great musical entertainment, fun games, a visit from a super hero, the Euclid Beach Rocket Ship car ride and FIREWORKS! Please join us for a day of unforgettable family fun!!!

Event: **SENIOR LUNCH**

Date: Monday, August 25th

Time: 11:15am

Site: Community Room

Cost: Only \$5 – includes meal, dessert and beverage

Note: Come and share a nice lunch with friends. Sign up by calling Carol at 440.786.2964 by August 20th.

Event: **CAROL'S BOOKWORMS**

Date: Monday, August 25th

Time: 7pm

Site: Community Room Library

Note: Join book lovers talking about books!

Free Summer Concerts on Thursday Nights!

We are excited to report that Walton Hills has maintained a great working relationship with the mayors of Oakwood and Glenwillow and are pleased to offer you exciting entertainment this summer! The following free concerts will take place on the following Thursdays between 7pm and 9pm at various locations in Oakwood. If it rains or is too hot, concerts will be held in the cool comfort of the Mt. Zion Fine Arts Center (1 Mount Zion Circle, across the street from Petitti Garden Center, 24964 Broadway Avenue) Don't forget your lawn chairs!

August 7th

Mike Albert's "Memories of Elvis Show" at Hawthorne Valley Shopping Center parking lot (23100 Broadway Avenue)

August 14th

Stayin' Alive (Bee Gees tribute band) at Hawthorne Valley Shopping Center parking lot

August 22nd

The Shirelles and **FIREWORKS** at Oakwood Community Park



Date Set for Senior Flu Shot Clinic

The Village of Walton Hills, in cooperation with Walgreens, will be offering a senior flu shot clinic on **Wednesday, October 15th from 9:30am until 12:00pm**. This program is primarily for residents who are 65 years of age or older. Some younger residents with diagnosed chronic illnesses will also be served. There will be a cost of \$25.99 for the flu shot. Pneumonia shots will also be offered at a cost of \$90.00. However, there is no cost to residents whose primary insurance is Medicare Part B or D or if their insurance provider covers the cost of the shot (example: Cigna,

United Health Care, Preferred One, Summacare). If you believe that your insurance provider covers the cost of flu/pneumonia shots but your claim is rejected, you will be billed for the cost of the shot(s). Keep in mind that if you have an HMO, you will have to pay for your flu and/or pneumonia shot unless you receive it from a doctor in your network. **Appointments are necessary!** Call Jane or Lisa at the Village Hall at 440-232-7800 from 8:30am until 4:30pm, Monday through Friday, beginning **Tuesday, September 2nd**. All Medicare and insurance cards must be brought to the flu clinic.

Community Day!

Sunday, August 10, 2014

- | | |
|----------------|--|
| Noon | Opening ceremonies including flag raising! |
| Noon to 2pm | Jerry Cole & the High Plains Drifters – Rockabilly, Polka, Classic Rock, Country |
| Noon to 8pm | Kids Carnival Games |
| Noon to 8pm | Photo Booth—prints color or B&W photo strips—add borders or hairdos. \$1 or free with wrist band |
| | Boulderdash – 48" or taller. Attempt to hop from pedestal to pedestal while dodging boulders! |
| | Vertical Rush – 36" or taller. Test your endurance |
| | Log Slammer – 48" or taller. Challenge your agility and balance |
| | My Little Farm – For ages 1 to 6. Inflatable bouncer, ball pit and 3D animals |
| 12:30pm to 7pm | Walton Hills Grand Prix – remote control cars and airplanes |
| 1pm to 5pm | Pony Rides – for toddlers to age 10 on baseball diamond #1 |
| 1:30pm to 3pm | Balloon Bender Dave |
| 2pm to 4pm | D.J. Julie |
| 2pm to 5pm | Ron Hill – Caricature artist (only \$2 per person) |
| 3:30pm to 4pm | Karaoke |
| 4pm | Babes of 1916 Softball Game - (baseball diamond 2) |
| 4pm | Baseball trophies distributed |
| 4:30pm | Citizens League Presentation – Citizen of the Year 2014 |
| 5pm to 6pm | Good Vibrations – Beach Boys tribute band |
| 5pm to 7pm | Rocket Ride! Euclid Beach Rocket Ship car ride |
| 6pm | Special visit from a super hero! |
| 7pm | Walton Hills Grand Prix Remote Control Car Race |
| 7pm to 9pm | Blue Eyed Soul Band – R & B band |
| 8pm | Announcement of raffle winners |



Dusk

FIREWORKS EXTRAVAGANZA!

Tickets can be purchased at the Recreation Ticket Booth- \$2.00 Individual Ticket, \$13.00 for Individual Pass / Unlimited Usage; \$25.00 Family Pass / Unlimited Usage (family members only - no neighbors or friends accepted with Family Pass!)

BRING YOUR CAMERAS, FAMILIES, FRIENDS and ENJOY!



The Lowly Tick Can Terrorize the Hardest of Humans

Written by Resident Mary Kay Dessoify

Weighing in at less than a gram, smaller than an apple seed, unable to jump or fly, the lowly tick can terrorize the hardest of humans. This little bug is, after all, very clever. They can, for example, detect a person's breath, odor, body heat, vibrations, and moisture. Opting for highly trafficked trails, tall grasses, and the underbrush, the little ticks hang onto vegetation with their third and fourth pair of legs, while reaching out hopefully with the first pair, waiting for some hapless victim, otherwise known as lunch. When you or your dog brushes up against the grasses, the tick simply steps aboard. Some dig in right away while others browse for a prime location of thin skin. Chances are that the oh-so-clever tick bellies up to a hidden piece of skin, such as behind your ear, or at the nape of your neck. They are not really picky. I have tweezed them from between my dog's paws, and plucked them from the inside of her ear, her shoulders, underbelly, and, yes, even her anus.

The magnificently equipped and hungry tick does not wish to be disturbed by your hand whacking it away in horror. That's why many ticks discharge saliva that acts as an anesthetic. Then you won't notice when it inserts its feeding tube and secretes a sticky substance that keeps its backward-barbed hypostome firmly attached. You won't feel a thing while your new little pal creates an unclotting pool of your blood and chug-a-lugs away before slipping off hours or days later as a much larger critter. Or not. Hop in the shower right after a trail walk, and sans the washcloth, go over every inch—every inch—of you and pay attention. Feel a little clump of something on the back of your neck, behind your ear, on your scalp? Scratch it, and it remains firmly in place? Yep. Tick.

Happily, they are easy to remove. Grasp the little free-loader at the surface of your skin. Don't rough him up, but do get a firm enough grip to lift him straight up. Take your time. Use a steady, even pull. He will hang on for dear life, stretching your skin with him, but he will relent. Be sure to flush him down the toilet or stick him down the garbage disposal because they are difficult to crush. Then check to make sure his face isn't still in your skin. Wash the tick site and your hands with soap or iodine scrub, and apply rubbing alcohol.

Is that just too creepy? Not as creepy as the diseases ticks can spread.

The most common ticks here in northeast Ohio and the diseases they cause are:

- **The American dog tick** – Rocky Mountain spotted fever; Tularemia
- **Brown dog tick** – Rocky Mountain spotted fever
- **Lone star tick** – STARI (southern tick-associated rash illnesses); Ehrlichiosis; Tularemia

The blacklegged tick is the culprit that spreads Lyme disease, and this tick resides mostly along the northeastern shoreline, including the southeastern portion of Ohio. The blacklegged tick also carries Powassan disease. Soft ticks can cause TBRF (tick borne relapsing fever), and Ohio has reported cases of this disease, which is associated with sleeping in vacation homes and rustic cabins.

It's interesting to note that while white-tailed deer, so plentiful in Walton Hills, carry deer ticks, white-footed mice are also tick-infested little critters.

If you were victimized by a tick and have any of these symptoms within a few weeks, call your doctor:

- Fever, chills, flu symptoms
- Tiredness, headache, joint pain, muscle pain
- Rash. Lyme's disease can present within a month; it's a circular bull's-eye blemish, and doesn't usually hurt.
- Skin ulcers

(continued on page 9)



American Dog Tick



Brown Dog Tick



Lone Star Tick



Blacklegged Tick

The Lowly Tick Can Terrorize the Hardest of Humans

(Continued from Page 8)

Short of never stepping outside your front door, there are ways to minimize your, and your dog's, potential for hosting lunch to a tick:

- Cover up. Wear long sleeves and pants and tuck them into your socks.
- Spray yourself with a DEET-based repellent, or look for sprays that target ticks specifically.
- Wear light clothing so ticks will be more visible.
- Check yourself periodically during your hike for ticks.
- Stay out of the tall grasses or underbrush.
- Before getting in your car, inspect yourself and your dog for ticks, tweeze them off, and kill them, which will be very difficult due to their hard shell.
- Shower when you get home, inspecting for ticks.
- Use a tick repellent product on your dog such as a flea and tick collar, spray, Frontline, Advantix, or prescription products (Revolution and others) from your veterinarian.

Your dog is probably a better tick collector than you are, since he's more likely to run through the tall grasses. Your vet can offer a product, such as Revolution, that's effective against the American dog tick—but not necessarily against any other tick in northeast Ohio. A small vial of the product is squeezed between the dog's shoulders. Julie Lux, account supervisor for Archer Malmo Public Relations, indicated that, "from there it (selamectin) is absorbed from the skin into the bloodstream. It then goes from the bloodstream into specific glands in the skin, forming reservoirs that provide persistent activity against fleas, ear mites, and scabies mites."

For more information about ticks, which are members of the spider family, contact the Centers for Disease Control and Prevention, 1600 Clifton Road, Atlanta, GA, 30333 800-232-4636; or online www.cdc.gov.

Opportunity for Students Interested in Politics and Government

ATTENTION!! Students entering the 7th and 12th grades, if you are interested in politics and how our government works and want to experience first hand writing legislation, please contact the Village Hall at 440.232.7800. The Hawthorne Valley Youth Council offers first hand opportunities in learning and influencing legislation. It's a great chance for you to make a difference and gain leadership skills. All residents of the Bedford School District are eligible, even if they attend schools in other school districts. Please don't miss out on this wonderful opportunity as you start the new school year!



Thank You Carol James Florist

Our most sincere appreciation is extended to Carol James Florist, located at 451 Broadway Avenue in Bedford, for donating a beautiful floral arrangement for display in the Village Hall lobby every week.

Please patronize this wonderful florist! Their phone number is 440.786.1811.

Listed **FOR SALE**

**Wonderful large Ranch home
with private views on
Cul-de-sac street.
Over 3000 total square feet!
Call Joanne for all the details...
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440.554.8808 Cell / Text
J.podojil@kw.com



Spotlight on

Jan Smith

One of the many threads in the fabric of our Village

Jan Smith knows the importance of making a difference in this world. The volunteering that she and her husband Jeff do is the primary focus of their lives. She understands that it is the responsibility of Christians to set a good example for others, and by talking to Jan it is clear that she has accomplished this tenfold.

Jan lived most of her childhood years in Solon. Her family moved to Bedford in 1957 and she attended and graduated from Bedford High School. After high school she went to Ohio Beauty College and then to Tri-C. Jan worked for ten years as a beautician at her mother's beauty salon, Esther's Hairstylist, in Bedford. She then worked for 26 years as a cashier at Stop and Shop (now Giant Eagle) in Solon and Bedford. For 16 years she owned her own home-based business, Weekenders, selling women's clothing. She taught women to have a complete wardrobe with ten items of clothing. She had the distinction of winning two national sales awards. Her business provided her a means to serve and help other people.

Jan and Jeff met in 1989. She had a singles group at Solon United Methodist Church. She was speaking one night about how to love, not to possess. Jeff was at that meeting and he thanked her for a wonderful presentation. She instantly thought Jeff was a true gentleman. Jeff was attracted to Jan because he saw that she lived her beliefs, she walked the talk; that is what he was looking for. They were engaged on Valentine's Day and married on Sweetest Day in 1991. Jan has three sons and four grandchildren – two boys and two girls. Her husband has two sons and four grandchildren – all girls. They feel very blessed that all of their children and grandchildren live in Ohio, except for one now living in North Dakota.

Jan and Jeff moved to their home on Allen

Drive in 1995. They were attracted to Walton Hills by the ranch style homes, the friendliness and beauty of the community, the country setting, the parks, and the golf courses. After searching for a retirement home for five years, they realized that Walton Hills has it all – except nice winter weather. They solved that problem by spending one month in Florida at a pet friendly condo along with Suzie Q, their Bichon Maltese.

Jan served as the president of the Walton Hills Women's Club for four years. She was also Ways and Means chairperson for 10 years, enabling her to increase the scholarship awards from \$200 to \$1,000. She also started the \$500 stipend award program for high school students, which was in place for six years. She introduced Mayor Hurst to the Women's Club idea of a concession stand at T.G. Young Park, and she was instrumental in getting the companies in the village to donate their products and services. She was also on the Veterans Monument Committee.

Jan is an avid golfer, playing at least two times a week. She plays and teaches Mahjongg. She loves to travel. She plays International Sudoku online with people from around the world. They are rated and scored, and she ranks 395th in the world! She also likes to read – she wants her mind to keep growing.

Jan has been a member of the Solon United Methodist Church for 43 years. She chaired their mission team for over 25 years. For 25 years she took a work team of 10 to 23 volunteers down to John's Island, South Carolina to help poor people rebuild their homes. For a short time she was part of a mission team that worked with the Nehemiah Mission on Cleveland's near west side. At the end of June she was part of a team that worked with the Good Works mission in Athens, Ohio to

help people struggling with homelessness and poverty in rural Appalachia. She strongly feels that a mission trip will change your life and attitude and teach you the importance of giving back. Whether it is helping build a deck or wheel chair ramp, painting a bedroom, building walls of a home, working with children at a day care center, or talking to a lonely person in a homeless shelter, Jan is happy to do her part to brighten someone's day and ease their burdens in life.

Jan is currently in charge of Solon United Methodist Church's craft fair. Proceeds from the last fair went toward the mission trip, sponsored three children in Africa to attend high school, purchased cleaning supplies for 24 "flood buckets" for flood victims (with the help of Home Depot), and purchased uniforms for Central School in Bedford as part of their "Keep the Kids in the Classroom" program. Jan has also been on her church's District Board of Building and Relocation for the last eight years, inspecting the parsonage when a pastor is transferred to make sure it is ready for the new pastor and his family to move in.

Jan's plans for the future are to enjoy every day serving others and helping to make peoples' lives better as God has asked each of us to do by loving our neighbor. When you see Jan driving around in her white Mustang convertible, give her a big smile and witness a person who has truly figured out how to live life the right way.



Calendar of Events

August 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2 Lake Steak Roast 6pm
3	4	5 COW Mtg. 6pm (as needed)	6	7 Mayor's Court 4pm Memories of Elvis Hawthorne Valley Shopping Ctr. 7pm	8	9
10 Community Day 12pm Fireworks at Dusk	11 Historical Center Open 1-3pm	12 COW Mtg. 6pm (as needed)	13	14 Mayor's Court 4pm Stayin'Alive (Bee Gees tribute band) Hawthorne Valley Shopping Ctr. 7pm	15	16
17	18	19 Council Caucus/ Council Mtg. 6pm (as needed)	20	21 Mayor's Court 4pm The Shirelles and Fireworks! 7pm Oakwood Community Park	22	23
24 Gusti at the Lake	25 Senior Lunch at Lake 11:15am	26	27	28 Mayor's Court 4pm	29	30
31	Carol's Bookworms 7pm					

Women's Exercise Class - Tuesdays and Thursdays from 6:30 to 7:30pm in the Community Room

Mahjongg - Mondays, Tuesdays and Thursdays from 1 to 4pm at the Walton Hills Church of Christ

Knit-Wits 2 Needles - Tuesdays from 1 to 3pm at the Walton Hills Church of Christ

**For the most up-to-date info, call the Village Voice Info Line 440.735.5001 Option 5
Extra copies of the Walton Hills Journal are available at the Village Hall**



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LOCAL POSTAL CUSTOMER	

DO YOU WANT TO AGE WELL AND BE WELL?
 Join the club.



The **Center for Healthy Aging** at UH Bedford Medical Center, a campus of UH Regional Hospitals, is proud to introduce the **Age Well Be Well** membership club for older adults who want to learn new things, make new friends and, above all, maintain and improve their health.

The club is free to join and offers a wide variety of activities, special interest groups, health screenings, social gatherings and so much more! Customize your membership by choosing activities that match your lifestyle and spark your curiosity, including:

- Yoga
- Exercise classes
- Songwriting workshops
- Support groups

Call 440-735-4200, Option 2 for an application. Once enrolled, we'll send you an information packet in the mail including your exclusive membership card.

Join us on Thursday, August 21 from 4 – 8 p.m. for an evening of music, food and wellness. The Center for Healthy Aging **Musical Extravaganza and Health Fair** will offer a picnic dinner for \$3 per person, health screenings, information, live music and more. Reservations are NOT necessary. Hope to see you there!



University Hospitals
 Center for Healthy Aging
 Located at
 Bedford Medical Center

440-735-4200 | UHBedford.org
 44 Blaine Avenue
 Bedford, Ohio 44146