Dear Residents,

Many times as Mayor of Walton Hills I have been confronted by residents with complaints and discussions about their Time Warner cable bill. I will try to provide clarification with general information from our archives.

Beginning December 1, 2000, the Village extended a non-exclusive franchise cable service agreement with Cablevision of the Midwest, Inc. /Adelphia for an additional 10 years. With this agreement, there was an opportunity for our senior residents (over 60 years of age) to receive a 15% discount on their basic cable service. Subsequently, the Cablevision/Adelphia franchise was purchased by Time Warner Cable.

On February 19, 2008, we received notification from Time Warner Cable acknowledging that the 10 year agreement will expire on November 30, 2010, however a new state law passed in 2007 eliminates the authority of local governments to issue, extend or renew cable franchises. Instead the application and approval process will be conducted by the Ohio Department of Commerce. This act took away the option for our Village to negotiate with any cable communications provider.

We understand that Time Warner Cable is the number one service in our Village, but there are alternatives such as Direct TV, Dish Network, U-verse TV and Windstream. As the consumer the decision is yours to make on exactly how you want to provide information to your family. Another recommendation if you would like to save money is to perhaps go back to regular local television programming. One option is to purchase a digital antenna at an electronic store such as Best Buy or Radio Shack at a cost of approximately $60 to $75. This would be a one-time fee that will allow you to receive all free broadcast networks of approximately nine stations. These are only suggestions and options that you as a consumer have the opportunity to pursue.

I hope this article provides clarification and helps you understand that your local government had their authority taken away to negotiate the cable services in our Village that our residents use every day. When decisions are made at a higher level, the ripple effect of how those decisions are applied may not always be beneficial to the average person.

Please have a blessed, safe and memorable Labor Day holiday on Monday September 2nd. Please do not hesitate to contact me if you have any questions.

Sincerely serving you,

Kevin Hurst
Mayor/Safety and Economic Development Director

I.G.I.T.

Citizen of the Year 2013 Mrs. Madeline Timm & Family

www.waltonhillsohio.gov
Walton Hills Journal - September 2013

2

Just a quick article to keep everyone informed of the happenings in the Walton Hills Police Department. Community Day was a huge success with many residents coming out to enjoy the beautiful day and see their neighbors and friends. Residents were also able to meet and see our seven (7) new Auxiliary Police Officers in action, assisting with traffic control and parking. The addition of the new Auxiliaries enables the Walton Hills Police Officers to be in the neighborhoods watching your homes while you are away enjoying time with your fellow Villagers. The Police Auxiliaries are also doing vacation checks and house watches for you during the week and weekends.

The Walton Hills Police Department’s third Senior Citizen Police Academy started on Tuesday, August 27th at 10:00 a.m. in the Community Room. Twelve (12) cadets enrolled in the Academy. Funding the Senior Citizen Academy is primarily done by a 50/50 raffle at Community Day as well as a Gold Fish Toss. Donations have also been accepted from previous graduating classes. The Walton Hills Police Department would like to thank all those who participated in the raffle and games to help make this program possible.

July Ticket Summary

<table>
<thead>
<tr>
<th>Offense</th>
<th>Count</th>
</tr>
</thead>
<tbody>
<tr>
<td>Driving Under Suspension</td>
<td>17</td>
</tr>
<tr>
<td>Drug Related Offenses</td>
<td>6</td>
</tr>
<tr>
<td>Expired Plates</td>
<td>15</td>
</tr>
<tr>
<td>Faulty Exhaust</td>
<td>5</td>
</tr>
<tr>
<td>Fictitious Plates</td>
<td>5</td>
</tr>
<tr>
<td>OVI/Alcohol/Liquor</td>
<td>4</td>
</tr>
<tr>
<td>Speeding</td>
<td>58</td>
</tr>
<tr>
<td>Seatbelt Violations</td>
<td>21</td>
</tr>
<tr>
<td>Tinted Glass</td>
<td>6</td>
</tr>
<tr>
<td>Traffic Control Lights</td>
<td>51</td>
</tr>
<tr>
<td>Miscellaneous Traffic Offenses</td>
<td></td>
</tr>
<tr>
<td><strong>Total Offenses for May</strong></td>
<td><strong>193</strong></td>
</tr>
</tbody>
</table>
During the Council meeting held on July 23, 2013, Council unanimously passed four resolutions for the maintenance of roads. Crack sealing will take place on Dunham, Walton, Shaner, Kypdan, Carmany, Allen, Dellwood, Orchard Hill, Kral, Deeridge, and Alexander. Pavement markings will be repainted and raised markings and reflectors will be removed and replaced where needed throughout the Village. Concrete and a catch basin will be repaired at the east end of Alexander, and asphalt point repairs will be made where needed the most. The cost of these repairs and maintenance comes to $243,987.27. Our 2013 budget was originally passed with $150,000.00 allocated to capital projects, therefore the budget will be revised to cover this expense.

Crack sealing will take place…
Pavement markings will be repainted and raised markings and reflectors will be removed and replaced where needed throughout the Village.
Concrete and a catch basin will be repaired…

Truck traffic on Alexander and Egbert roads will remain high for the foreseeable future. Several factors have led to this increase. Macedonia has shut down the on-ramp to I-271 at Rt. 82 and Ledge Road is closed due to a deteriorating bridge. Truck traffic is being routed through Walton Hills to Forbes Road headed north and vice versa heading south. The Alexander Road bridge in Valley View is also temporarily weight restricted to four tons due to needed maintenance. Added to all that, groundbreaking for a 100,000 square foot addition to the Northcoast Behavioral Healthcare hospital in Sagamore Hills took place July 18th. Heavy truck traffic will be traveling Alexander Road to Dunham Road, then west on Sagamore Road to the construction site.

Mayor Hurst has contacted the county several times to try to get the bridge in Valley View rehabilitated earlier than its proposed 2015 date. He has also spoken with them about the increased wear-and-tear on our roads due to the increase in heavy truck traffic. Several ideas, such as posting no heavy truck signs and limiting weight, were discussed with the county being unresponsive to these ideas. The county’s response has basically been that these are county roads and they are constructed to withstand the added stresses. Therefore, we could not impede the truck traffic. Mayor Hurst is in discussions with leadership from surrounding communities to see if we can somehow share traffic using different routings. In the meantime, we are taking pictures of any damage and excessive wear along these roads to present to the county.

We are in a consortium with O.D.O.T. for rock salt and the 2014 contract was awarded at a price of $29.40 per ton. This is $4.62 per ton LESS than what we paid for salt last year. We will be buying 1,920 tons for a total price of $56,448.00. This cost will be included in our 2014 budget.
I HAVE ACHIEVED MY GOAL

Councilwoman Gloria Terlosky, Information Committee Chairwoman

A fellow councilman in another community asked me what my goal was now that I was a councilwoman in Walton Hills. I was quick to answer him in this way. When I was around ten years of age my father was laid off from his job. I was home alone and our neighbor came over and knocked on our door. When I answered the door our neighbor handed me a ham and said “I know things are financially tough right now, but I hope you have a Happy Easter”. I never forgot her act of benevolence towards our family. That is why I initiated the Benevolent Fundraiser in our village.

Last year we had Benevolent Fundraiser #1. We enjoyed a complete Irish Dinner while being entertained by folk singer Gusti. This past summer for the Benevolent Fundraiser #2, our courtyard was turned into a café for a magical night of music. Mary Beth Ions played her violin solo for us as we enjoyed our dessert and coffee under the summer sun. All the proceeds from these two events totaling $1,200 were deposited into the Benevolent Fund to help eight families in need in our village. All the information concerning the families is confidential. Carol Stanoszek, our Community Life Director, handles the distribution to our residents. If you know of a family having a difficult time, please contact Carol at (440-786-2964).

On Saturday, September 28th, you are invited to come to our fall Benevolent Fundraiser #3 at T.G. Young Park. It will be a Hoe-Down fun night complete with good food, snappy music, and colorful attire. Wear your overalls, flannel shirts and dancing boots. Prizes will be given for the best outfit. Contact the Recreation Department for information and tickets. It will be your chance to help your fellow neighbors in need during these difficult financial times. See you there! Hee Haw!

I believe an informed community is an enlightened community as it views the world, as if looking through a telescope. As the Information Committee Chairperson, I am pleased to report that we have introduced the Information Line to help our residents stay in touch with the day to day workings of our village. At any time, day or night, anywhere, any place, you can call the Information Line (440-735-5001, Option 5) and hear what is currently happening in our village. Code Red has been expanded, not just for emergency situations but for road closings, flooding and other non-emergency situations. In keeping up with the newest technology and reducing our costs, our website is being upgraded to a Kiss (Keep It Simple) format so everyone can easily view and browse their way around the village.
I SAW THE SIGN... TINKER’S CREEK WATERSHED SIGN THAT IS!

You may have noticed new signage near major roadways spotlighting “Tinker’s Creek”, “Entering Tinker’s Creek Watershed” and “Leaving Tinker’s Creek Watershed”. Have you seen them and wondered what they meant?

The signage is part of a watershed awareness campaign spearheaded by Tinker’s Creek Watershed Partners (TCWP) in partnership with watershed communities. The aim of the campaign is to bring awareness to the physical boundaries of the watershed and the location of Tinker’s Creek to create a greater understanding of the connectedness of our water resources.

In 2012, TCWP was awarded an Ohio Environmental Education Fund (OEEF) Mini-grant of $4,000 to implement the watershed signage campaign. The following communities are participating in the campaign: Bedford, Glenwillow, Oakwood, Macedonia, Streetsboro, Twinsburg and Walton Hills. TCWP is working with the other watershed communities to put up the remaining signage and is investigating additional funding resources to complete the project throughout the watershed.

Look for the signs going up throughout the watershed! You can help us spread the message about the watershed. If you see one of the signs, take a picture, post it to our Facebook page, and tell us where you found the sign! More information about the project can be found at: http://www.tinkerscreekwatershed.org/watershed-signage-campaign/

Healthy Walton Hills

UH Bedford Medical Center will offer low cost preventive health screenings on Saturday, Sept 21st from 8:00 a.m. – 12 noon at UH Bedford Medical Center (main lobby). This special event is exclusively for residents of Walton Hills, 40 years of age and up. Screenings are fast, convenient and affordable and they could save your life. Early detection and prompt treatment of the conditions for which we are screening can help prevent stroke, heart attack, osteoporosis, diabetes and many other health problems that often develop in adults 40 and up. You have a choice of two packages. You may choose one or both. We will not be able to bill insurance for these screening. All payments must be received at the Village Hall on or before the registration deadline of September 13th. Checks should be made payable to the Village of Walton Hills. For more information or to sign up for one or both packages, please call Carol Stanoszek at 440.786.2964.

Package 1 ($25.00) includes:
• Blood Test (Comprehensive panel to assess glucose, cholesterol (LDL, HDL, and triglycerides), kidney and liver functions and PSA levels (prostate) for men,
• Ultrasound testing of the carotid arteries and abdomen (to look for possible abdominal aortic aneurism)
• Pulmonary Function Test
• Body Mass Index (BMI) calculation
• Peripheral artery circulation exam
• Bone density screening

Package 2 ($75.00) includes:
• Calcium Scoring – An accurate, non-invasive CT scan to measure the calcium build-up on the walls-of your arteries.
During our recent Council meeting of July 23, 2013, the Economic Development Committee reported that Walton Hills recognized and presented a Proclamation of Achievement and Appreciation to Mantua Manufacturing on July 16th to CEO Edward Weintraub, President David Jaffe, and VP of Operations and CFO, Jeff Weekly. Mantua Manufacturing has been a stalwart manufacturing company in Walton Hills since 1960, and one of our largest manufacturing companies. They recently added a new manufacturing line and created new jobs to support a multi-million dollar expansion project for one of their customers.

Another company in our community who is doing very well is Integral Manufacturing. They supply innovative insulated glass units (IGU) to leading window and door companies with a fraction of lead time versus their competition. They have added 50+ new employees in the past two months, as well as adding an additional shift. The Village Hall recently hosted a job fair to attract local workers for these good paying positions.

Soon, we are very hopeful that Arhaus Furniture will enlarge their Corporate Headquarters building on Northfield Road to support retail expansion in major U.S. cities beyond the Midwest. With this expansion there will be additional jobs and business retention in our Village.

We continue to have discussions regarding our largest land development opportunity, which is tied to Ford Motor Company. Until they actually abandon or decide to stay, we are at a crossroad with this issue. One way to mitigate this issue today is to have the ability to utilize Federal EPA support to do Brownfield testing in preparation if Ford decides to move on. The mitigation to test sections of the factory is in process. The second approach is to communicate with the officials of Ford to allow Walton Hills to promote sections of this facility for businesses to locate and operate in areas in the building which are not being utilized today. An example of this is a modernized 100,000 sq. ft. factory area within the building in the southeastern section. A third approach is promoting the development of the large parking lot adjacent to Alexander Road while the factory is still operational for tax revenue generation.

Finally, two questions come up. What are we going to do with the 2,000 extra cars that will be travelling through our Village once the Northfield Park Rocksino opens in December? How do we benefit and increase tax revenues for our Village as a result of this? We have already increased our safety forces by swearing in several auxiliary police officers. Our next task is to discuss tax revenue options benefiting from the Rocksino. These are things we will be discussing in the near future and we will keep you informed.

Our most sincere appreciation is extended to Carol James Florist, located at 451 Broadway Avenue in Bedford, for donating a beautiful floral arrangement for display in the Village Hall lobby every week.

Please patronize this wonderful florist!

Their phone number is 440.786.1811.
Andrew Prinios, whose family owned the Astorhurst Country Place, picnic grounds/pavilion and Park Place ice cream store for the last 40 years, talked about the current status of the 16 acres of property next to the Astorhurst Golf Course, which was just sold to the Cleveland Metroparks.

First, a little history: Philip and Martha Astor opened the first childcare center in Walton Hills in their house at 6980 Dunham Road, which they purchased in 1918 from descendants of the Gleeson family. The house was built in 1840. Parents usually picked up their children around dinner time and stayed to eat. This gave the Astor’s the idea of adding a country club type of restaurant to their house. Because of the success of the restaurant, they closed their childcare center to focus on their dining operation. When prohibition ended in 1933, Philip Astor obtained a liquor license. Joseph and Eleanor Dranek and a group of investors purchased the property in 1958. (Information obtained from “Tracing Our Heritage,” written by residents Jean and Bob Kainsinger.)

At this point in our story, the Prinios family enters the picture. Andrew stated that his parents, Gus and Toni, purchased the restaurant and picnic grounds/pavilion from the Dranek family in 1973. At the time of their purchase, the restaurant was leased to another individual; therefore the Prinios family ran only the picnic grounds/pavilion until 1980. In 1980, the restaurant lease expired and the Prinios family did not renew the lease of their tenant. Gus remodeled the restaurant, which they opened for Sunday brunch and parties until 1982. The family obtained a liquor license and opened as a full service restaurant. Andrew notes that the restaurant was in its heyday through the Astor and Dranek ownerships, and he is proud to say that his family was able to restore it back to its former glory. In 1985, the Prinios family remodeled and opened the ice cream store in front of the Astorhurst restaurant which had been empty for 20 years. (All ice cream loving residents know and love the Park Place ice cream store, in its 29th season of operation!) Gus passed away in 1991, and the Prinios family carried on running the restaurant until 1996. They still did catering and held parties in the restaurant until 2006. Today Andrew, his sister Connie, and Toni still cater events at the picnic grounds/pavilion and operate the Park Place ice cream store.

Andrew stated that his family’s 16 acres, including all of the buildings (the restaurant, Park Place, and the house in the back), were sold to the Cleveland Metroparks this year. This will be a restoration project for the Metroparks. They intend to restore the property back to its natural state, to become a natural habitat again. Andrew stated that the Metroparks has plans to tear down the restaurant and the house in the back. The Prinios’ will run the picnic grounds/pavilion for the next two years. He believes that the Metroparks will probably retain the picnic pavilion and still rent it out to the public. The Prinios family has a lease for Park Place until 2023. For those interested in renting the picnic pavilion for company parties, showers, weddings, etc., please contact Connie at 440.439.8588.
Event: HEALTH SCREENINGS
Date: Saturday, September 21st
Time: 8 a.m. to 12 noon
Site: U.H. Bedford Medical Center
44 Blaine Avenue, Bedford (Main Lobby)
Cost: 2 packages - $25 or $75. See article on page 5
Note: Call Carol at 440.786.2964 to sign up by 9/13

Event: BENEVOLENT FUNDRAISER #3, WALTON HILLS HOE-DOWN
Date: Saturday, September 28th
Time: 6 p.m. to 9:30 p.m.
Dinner served at 6:30 p.m.
Site: T.G. Young Park
Cost: $20.00
Note: Come eat, drink, dance and holler! Put on your flannels, overalls and long johns, blacken out a few teeth and call the Recreation Dept. for tickets!
No tickets sold after September 24th. Prizes will be given for the best costume. Two Men and a Campfire will be performing.

Event: SENIOR LUNCH
Date: Monday, September 30th
Time: 11:30 a.m.
Site: Community Room
Cost: $7.00
Note: Sign up by September 25th

Event: CAROL’S BOOKWORMS
Date: Monday, September 30th
Time: 7 p.m.
Site: Community Room
Cost: Please donate an item for our food pantry.
Note: Book to be announced. Join book lovers talking about books!

Event: SENIOR FLU SHOT CLINIC
Date: Wednesday, October 2nd
Time: 9:30 a.m. to 12 noon
Site: Community Room
Cost: Free with Medicare Part B
Note: More information below!

Event: VILLAGE HAYRIDE
Date: Saturday, October 5th
Time: 6:30 p.m. to 9:30 p.m.
Site: T.G. Young Park
Cost: Please bring paper products for our food pantry. Free for Village residents and their families!
Note: Ride the hauntingly fun hayride! Don’t miss out! Enjoy music, hotdogs, snacks, & beverages. Fun for the whole family!

The Village of Walton Hills, in cooperation with Walgreens, will be offering a senior flu shot clinic on Wednesday, October 2nd from 9:30 a.m. until 12:00 p.m. This program is primarily for residents who are 65 years of age or older. Some younger residents with diagnosed chronic illnesses will also be served. There will be a cost of $25.99 for the flu shot. Pneumonia shots will also be offered at a cost of $85.00. However, there is no cost to residents whose primary insurance is Medicare Part B or if their insurance provider covers the cost of the shots. If you believe that your insurance provider covers the cost of flu/pneumonia shots but your claim is rejected, you will be billed for the cost of the shot(s). Keep in mind that if you have an HMO, you will have to pay for your flu and/or pneumonia shot unless you receive it from a doctor in your network.

Appointments are necessary! Call Jane or Lisa at the Village Hall at 440-232-7800 from 8:30 a.m. until 4:30 p.m., Monday through Friday, beginning Tuesday, September 3rd. All Medicare and insurance cards must be brought to the flu clinic.
Resolution 2013-16, confirms the appointment of Kelsey Allen as a part-time Deputy Marshal of the Village of Walton Hills, effective June 7, 2013.

Resolution 2013-17, confirms the appointment of Joshua Wendl as a part-time Deputy Marshal of the Village of Walton Hills, effective July 15, 2013.

Resolution 2013-18, authorizes a contract with Asphalt Fabrics and Specialties for the 2013 Village Crack Sealing Program.

Resolution 2013-19, authorizes a contract with Aero-Mark, Inc. for the 2013 Village Pavement Marking Program.

Resolution 2013-20, authorizes a contract with C.A. Agresta Construction Co. for the 2013 Village Concrete Point Repair program.

Resolution 2013-21, authorizes a contract with Specialized Construction, Inc. for the 2013 Village Asphalt Point Repair Program.
Bedford School Board President Debi Kozak and School Board member Phil Stevens attended the June 18th meeting of the Walton Hills Village Council. The following information was presented at the meeting.

This year Bedford High School had 271 seniors eligible for graduation. 35 students did not graduate, however 28 of these students will probably graduate at the end of the summer. Four of the students who received their diploma were multi-handicapped. The commencement ceremony was held at Cleveland State University.

Highlights of the Class of 2013: This was the first class to achieve the 10th and 11th grade math OGT (Ohio Graduation Tests) standard in Bedford's history. There are 190 acceptance letters into colleges and universities, and 85% of the students will be attending some form of secondary education. Over $250,000 in local scholarship money was earned by the graduating class not accounting for university scholarship dollars. Two students received full scholarships, one to Ohio University and one to Case Western Reserve University. Another student received a full athletic scholarship to Lincoln Memorial University. One student received a full academic scholarship to Ashland University. Two students that were Plain Dealer’s “Athlete Player of the Week” in back-to-back weeks both received partial athletic scholarships to Lakewood and Notre Dame College. One student won the gold medal at the Men’s Lake Erie League Diving Championship, received the prestigious National School Orchestra Award, and received the President’s Award for outstanding academic achievement with a 3.8 GPA. Another student did a science internship at the Cleveland Clinic for the past two years and received over $30,000 in scholarship money to attend Notre Dame. He will be studying biomedical engineering. Another student is an ambassador for the Cleveland Museum of Art, and her work will be exhibited at Cleveland Hopkins Airport and the Youth Art Gallery. She is ranked #1 in her class. English is her third language, Spanish is her second language and Serbo-Croatian is her native language. She is 16 years of age and graduated one year early. She obtained over $160,000 in scholarship money and received a full academic scholarship to Case Western Reserve University, graduating with a 4.28 GPA.

Financial good news: All of the bonds will be paid off at the end of the year; this will drop off residents’ tax bills. In addition, the School Board made cuts totaling about $700,000. They had a 1.1% decrease in expenditures in 2008, a 6% decrease in 2009, a 5% decrease in 2010, a 6% decrease in 2011 and a 4% decrease in 2012. The school district is in its fourth year of not coming back to the taxpayers for new money showing fiscal responsibility.

Due to retirement of members of the Administrative staff, there will be new principals at Central and Columbus Road Schools as well as a new assistant principal and two new guidance counselors at the high school. With the onset of Ohio’s Third Grade Reading Guarantee, teachers were moved to different schools and grade levels in the school district to accommodate the new State mandate. (Ohio’s Third Grade Reading Guarantee mandates that starting with students entering third grade in 2013-14, schools cannot promote to fourth grade students who score below a certain level on the state reading test. Teachers involved with this need to have a special certification.)

In June, the Plain Dealer reported that the Bedford City Schools were ranked #16 on the list of the top 100 best places to work in the Greater Cleveland area for the second year in a row.
**Calendar of Events**

**September 2013**

<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lake Closing Day</td>
<td></td>
<td>Committee of the Whole Mtg. 6 pm</td>
<td></td>
<td>Mayor's Court 4 pm</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Grandparents’ Day Pancake Breakfast at Lake 9 am - 1 pm</td>
<td>50+ Board Mtg. 10 am Blood Drive 2-7 pm</td>
<td>Committee of the Whole Mtg. 6 pm</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>15</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>50+ Club Mtg. 10 am Blood Drive 2-7 pm Men’s Club Lake Clambake 6 pm Women’s Club Board Mtg. 7 pm</td>
<td>16</td>
<td>Council Caucus / Council Mtg. 6 pm</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>22</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Scrap Tire Roundup Service Ctr. 8 am - 3:30 pm</td>
<td>Scrap Tire Roundup Service Ctr. 8 am - 3:30 pm</td>
<td>Scrap Tire Roundup Service Ctr. 8 am - 3:30 pm</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>29</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Senior Lunch 11:30 am Carol’s Bookworms 7 pm</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Women’s Exercise Class** - Tuesdays and Thursdays from 6:30 to 7:30 p.m. in the Community Room

**Mahjongg** - Mondays, Tuesdays and Thursdays from 1 to 4 p.m. at the Walton Hills Church of Christ

**Knit-Wits 2 Needles** - Tuesdays from 1 to 3 p.m. at the Walton Hills Church of Christ

For the most up-to-date info, call the Village Voice Info Line 440.735.5001 Option 5

Extra copies of the Walton Hills Journal are available at the Village Hall
Aquatic therapy services

University Hospitals Bedford Medical Center is now offering aquatic therapy services at the Bedford Heights Community Center.

Aquatic therapy benefits patients with:
• Arthritis
• Chronic or acute back pain
• Difficulty walking or climbing stairs

It is also useful as part of a total rehabilitation program following hip or knee surgery or stroke. Aquatic therapy services at the community center are provided by licensed physical therapists from UH Bedford Medical Center.

Call 440-735-4748 for more information or to schedule a consultation.

Please note: A referral from your primary care physician is required.

University Hospitals
Bedford Medical Center
A Campus of UH Regional Hospitals

UH Bedford Medical Center
44 Blaine Avenue
Bedford, Ohio 44146
440-735-3900
UHBedford.org

© 2013 University Hospitals. BMC 00518